

ST. STEPHEN'S COLLEGE

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS SCIENCES

ANNUAL SPORTS REPORT

2022-23

GAMES RECORD 2022-23**ST STEPHEN'S COLLEGE
COMMITTEE OF GAMES (COG) 2022-23**

SPORT		2022 - 2023		
		VICE PRESIDENT COG	ROHAN MEHRA	
		SECRETARY COG	VANSHITA SINGH	
		2023 – 2024		
AQUATICS	(W)	Captain	SYEDA ANTARA ZAIMA	VANSHIKA SHARMA
		Secretary	VANSHIKA SHARMA	***
AQUATICS	(M)	Captain	ANURAG R SINGH	ANURAG R SINGH
		Secretary	BHARGAV PHUKAN	BHARGAV PHUKAN
BADMINTON	(W)	Captain	DURVA GUPTA	PRIYA SINGH
		Secretary	PRIYA SINGH	DIVYA SINGH
BADMINTON	(M)	Captain	HASIL TEWARI	SAVIO SIBI
		Secretary	SAVIO SIBI	SHIWESH PANDEY
BASKETBALL	(W)	Captain	VANSHITA SINGH	KRITIKA DHINGRA
		Secretary	SUHANI SINGH	PRAKRITI RANJAN
BASKETBALL	(M)	Captain	PARAMDEEP SHOKEEN	MAAN JEENWAL
		Secretary	KUNWAR SANJEEV	***
CHESS	(M)	Captain	SOUMODEEP HOODATY	SATVIK SHARMA
		Secretary	SATVIK SHARMA	STENY SAJAN
CRICKET	(M)	Captain	PANKAJ	ANKIT
		Secretary	ANKIT	ISHAAN KHAN
FOOTBALL	(M)	Captain	DION TREVOR	JAI VERMA
		Secretary	VIPUL KUMAR RANA	DHAJEN BASUMATARI
LAWN TENNIS	(W)	Captain	SANDEEPTI SINGH RAO	SANDEEPTI S RAO
		Secretary	SAMPADA NARULA	SAMPADA NARULA
LAWN TENNIS	(M)	Captain	ROHAN MEHRA	SHAFAT ALI ASGHAR
		Secretary	SHAFAT ALI ASGHAR	***
SHOOTING	(W)	Captain	PAYAL	PAYAL
		Secretary	DEVANSHI GAHLOT	DEVANSHI GEHLOT
SHOOTING	(M)	Captain	KABIR SHARMA	AGNEYA KAUSHIK
		Secretary	AGNEYA KAUSHIK	SHIVANSH BAJORIA
SQUASH	(M)	Captain	PRITHVI SINGH	KABIR M D REBELLO
		Secretary	TEJAS CHAWLA	ISHAAN JAIN
TABLE TENNIS	(W)	Captain	DIVIJA MOTWANI	DIVIJA MOTWANI
		Secretary	KAVYA DIWAKAR	KAVYA DIWAKAR
TABLE TENNIS	(M)	Captain	ARUSH DUTT	HRSHIKESH MALHOTRA
		Secretary	HRSHIKESH MALHOTRA	DHRUV VATS

RESPRISE: PROSPICE

This academic year has been nothing less than heartening to witness life slowly but surely make its way back to normal. While the COVID Pandemic and the resulting lockdown had helplessly thrown everyone into the confines of their homes, the sheer agony of losing people we know was also painful. What many realized was that life is precious and living life in the ‘new normal’ meant people had to be healthy, happy and caring - not just for healing ourselves, but for healing the planet as well.

Sport has always been a celebration of being alive. Swami Vivekananda once said “Kicking a football will take you closer to the Divine than any amount of prayer.” In the present day, football or sport has been recognized for its positive influence in building human resilience. In 2013 through the SDGs the United Nations has urged governments to help schools, colleges and society embrace sport for human and social development.

As teachers, we strive to help our students find direction and purpose through education. Create opportunities for them discover the simple, real purpose of life in happiness, satisfaction and peace. Sports teaches that we can never control all the challenges and adversities of life, but that we can control how we chose to respond to them. Our students learn to forge bonds of friendship that last a lifetime and most importantly win the admiration, respect of friends, foes and countrymen through sport.

This year there have been fewer opportunities for our sports men and women to compete, as many events, tournaments and competitions at local levels are yet to restart. In spite of the odds, the never-ending desire to win continues to burn bright in the heart of every stephanian. The winnings of our student athlete give us hope. And hope is a strong potent potion that infuses a strength we never knew existed, into our veins and being. The College Administration and Department have always shared a sacred partnership to invest and invent ways to help these talented

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bunch of effervescent youngsters play, enjoy and compete not just to win, but also for health, fitness but also for a holistic, well-rounded education.

In terms of numbers, last year the college was blessed with students earned credits at different levels:

06 International Level students

29 National Level students

18 Intervarsity Level students

The 70th edition of the Annual Games Record 2022-23 and is once again a testimony of the strength and character of Stephania – a saga of our junior member's talent, uncompromising work ethics, and most importantly the desire to bounce back – stronger and better!

'The spirit sportsmanship shines in the darkness, and the darkness shall never overcome it.'

Ad Die Gloriam

S K Chakravortty
Associate Professor

Sujay John K
Assistant Professor

OUR INTERNATIONAL STARS



Rohan Mehra (Tennis)



**Payal (Shooter)
Jr. World Champion**



Anurag Singh (Swimming)



Arush Dutt (Table Tennis)

OUR INTERNATIONAL STARS



Sandeepi Rao (Tennis)



Priya Singh (Badminton)

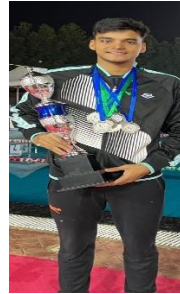
OUR NATIONAL STARS



Rohan Mehra (Tennis)



Payal (Shooter)



Anurag Singh (Swimmer)



**Sandepti Singh Rao
(Tennis)**



**Priya Singh
(Badminton)**



**Kabir Singh
(Shooter)**



**Bhargav Phukan
(Swimmer)**



**Paramdeep Shokeen
(Basketball)**



**Kunwar Sanjeev
(Basket Ball)**

OUR NATIONAL STARS



Agney (Shooter)



Squash Team



Delhi University Champions Chess Team (Men)



Yashashvi Choudhary (Soft Ball)



St. Stephen's College Basketball Team

ST STEPHEN'S COLLEGE OUTSTANDING SPORTS ACHIEVERS 2022-23

S.No	NAME	YEAR	COURSE	SPORT	LEVEL
1	ROHAN MEHRA	III	B.A PROGRAM	LAWN TENNIS	INTERNATIONAL
2	PAYAL	II	B.A ENGLISH (H)	SHOOTING	INTERNATIONAL
3	ANURAG R SINGH	II	B.A PROGRAM	SWIMMING	INTERNATIONAL
4	ARUSH DUTT	III	B.A PHILOSOPHY (H)	TABE TENNIS	INTERNATIONAL
5	SANDEEPTI SINGH RAO	II	B.A PROGRAM	LAWN TENNIS	INTERNATIONAL
6	PRIYA SINGH	I	B.A. HISTORY (H)	BADMINTON	INTERNATIONAL
7	ROHAN MEHRA	III	B.A PROGRAM	LAWN TENNIS	NATIONAL
8	PAYAL	II	B.A ENGLISH (H)	SHOOTING	NATIONAL
9	ANURAG R SINGH	II	B.A PROGRAM	SWIMMING	NATIONAL
10	ARUSH DUTT	III	B.A PHILOSOPHY (H)	TABE TENNIS	NATIONAL
11	SANDEEPTI SINGH RAO	II	B.A PROGRAM	LAWN TENNIS	NATIONAL
12	PRIYA SINGH	I	B.A. ECONOMICS (H)	BADMINTON	NATIONAL
13	KUNWAR SANJEEV	III	B.A PROGRAM	BASKETBALL	NATIONAL
14	BHARGAV PHUKAN	I	B.SC MATHEMATICS (H)	SWIMMING	NATIONAL
15	KABIR SHARMA	II	B.A HISTORY (H)	SHOOTING	NATIONAL
16	AGNEYA KAUSHIK	I	B.A HISTORY (H)	SHOOTING	NATIONAL
17	PARAMDEEP SHOKEEN	III	B.A. ECONOMICS (H)	BASKETBALL	NATIONAL
18	VANSHITA SINGH	III	B.SC (PROG) CHEMISTRY	BASKETBALL	NATIONAL
19	PRITHVI SINGH	III	B.SC PHYSICS (H)	SQUASH	NATIONAL
20	DIDAR JOSHUA JOSEPH REBELLO	III	B.A HISTORY (H)	SQUASH	NATIONAL
21	LAKSHYA GWALA	I	B.A PROGRAM	SQUASH	NATIONAL
22	ISHAAN JAIN	I	B.A. ECONOMICS (H)	SQUASH	NATIONAL
23	DHRUV VATS	I	B.A. ECONOMICS (H)	TABE TENNIS	NATIONAL
24	PRIYA	I	B.A. ECONOMICS (H)	BADMINTON	NATIONAL
25	KRIKA DHINGRA	II	B.A. ECONOMICS (H)	BASKETBALL	NATIONAL

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S.No	NAME	YEAR	COURSE	SPORT	LEVEL
26	PRAKRITI RANJAN	I	B.A ENGLISH (H)	BASKETBALL	NATIONAL
27	PARAMDEEP SHOKEEN	III	B.A. ECONOMICS (H)	NETBALL	NATIONAL
28	SHIWESH PANDEY	I	B.A HISTORY (H)	BADMINTON	NATIONAL
29	SHAFAT ALI ASGHAR	I	B.A HISTORY (H)	LAWN TENNIS	NATIONAL
30	AGNEYA KAUSHIK	I	B.A HISTORY (H)	SHOOTING	NATIONAL
31	SHIVANSH BAJORIA	I	B.A. ECONOMICS (H)	SHOOTING	NATIONAL
32	DEVANSHI GAHLOT	I	B.A. ECONOMICS (H)	SHOOTING	NATIONAL
33	DIVIJA MOTWANI	II	B.A HISTORY (H)	TABLE TENNIS	NATIONAL
34	SHAFAT ALI ASGHAR	I	B.A HISTORY (H)	SOFT TENNIS	NATIONAL
35	SANA MIR	III	B.A PROGRAM	SKIING	NATIONAL
36	PAYAL	II	B.A ENGLISH (H)	SHOOTING	ALL INDIA INTER VARSITY
37	ANURAG R SINGH	II	B.A PROGRAM	SWIMMING	ALL INDIA INTER VARSITY
38	ARUSH DUTT	III	B.A PHILOSOPHY (H)	TABE TENNIS	ALL INDIA INTER VARSITY
39	BHARGAV PHUKAN	I	B.SC MATHEMATICS (H)	SWIMMING	ALL INDIA INTER VARSITY
40	KABIR SHARMA	II	B.A HISTORY (H)	SHOOTING	ALL INDIA INTER VARSITY
41	AGNEYA KAUSHIK	I	B.A HISTORY (H)	SHOOTING	ALL INDIA INTER VARSITY
42	YASHASVI CHAUDHARY	III	B.A. ECONOMICS (H)	SOFTBALL	ALL INDIA INTER VARSITY
43	DHRUV VATS	I	B.A. ECONOMICS (H)	TABE TENNIS	ALL INDIA INTER VARSITY
44	PREMKRISHNA N	III	B.SC (PROG) CHEMISTRY	CHESS	ALL INDIA INTER VARSITY
45	PRITHVI SINGH	III	B.SC PHYSICS (H)	SQUASH	ALL INDIA INTER VARSITY
46	DIDAR JOSHUA JOSEPH REBELLO	III	B.A HISTORY (H)	SQUASH	ALL INDIA INTER VARSITY
47	LAKSHYA GWALA	I	B.A PROGRAM	SQUASH	ALL INDIA INTER VARSITY
48	TEJAS CHAWLA	III	B.A PROGRAM	SQUASH	ALL INDIA INTER VARSITY
49	KABIR REBELLO	II	B.A. ECONOMICS (H)	SQUASH	ALL INDIA INTER VARSITY
50	ISHAAN JAIN	I	B.A. ECONOMICS (H)	SQUASH	ALL INDIA INTER VARSITY
51	PARAMDEEP SHOKEEN	III	B.A. ECONOMICS (H)	BASKETBALL	ALL INDIA INTER VARSITY
52	VANSHITA SINGH	III	B.SC (PROG) CHEMISTRY	BASKETBALL	NORTH ZONE INTER VARSITY



St. Stephen's College Team – AQUATICS (Men & Women)

AQUATICS

The following student represented St. Stephen's College in different competitions during the academic year 2022-23

ANURAG R SINGH	II	B.A PROGRAM	Captain
BHARGAV PHUKAN	I	B.SC MATHEMATICS (H)	Secretary
RAKSHIT CHITKARA	I	B.A ENGLISH (H)	
SYEDA ANTARA ZAIMA	III	B.A HISTORY (H)	Captain
VANSHIKA SHARMA	II	B.A HISTORY (H)	Secretary

International Achievements

ANURAG R SINGH of 2nd Year BA Programme took part in the **FINA World Swimming Championships 2022 organized by FINA in Budapest, Hungary** from 18th June to 3rd July 2022.

National Games

ANURAG R SINGH of 2nd Year BA Programme took part in the 36th National Games organized by Swimming Federation of India at Rajkot, Gujarat from October 3rd to 10th 2022.

- 200 freestyle- 13 th rank
- 400 freestyle – 7 th rank
- 800 freestyle – 7 th rank
- 1500 freestyle- 5 th rank

Bhargav Phukan of 1st year B.Sc (Mathematics) took part in the NATIONAL GAMES 2022 organized by Govt of India at Sardar Patel Swimming Pool (Rajkot) Gujarat from 2nd Oct 2022 to 8th Oct 2022

Senior National Achievements

Anuarg R Singh of 2nd Year BA Programme took part in the, 75th senior National Aquatic

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Championships 2022 organized by Swimming Federation of India at Guwahati, Assam from 6th

September to 10th September 2022 and secured 1 silver and 1 bronze medals

- 200 freestyle- 9th position
- 400 freestyle – 7th position
- 800 freestyle – 2 nd position
- 1500 freestyle- 3 rd position

BHARGAV PHUKAN of 1st year B.Sc (Mathematics) took part in the 75 TH Senior NATIONAL AQUATIC CHAMPIONSHIP 2022 organized by Swimming Federation of India at DR. ZAKIR HUSSAIN AQUATIC COMPLEX from 6th September 2022 to 10th September 2022 and secured the 2nd (Silver) position.

Junior National Championships

BHARGAV PHUKAN (name of the student) of 1 ST year B.Sc (Mathematics) took part in the 47 th Junior National Aquatic Championship 2021 organized by Swimming Federation of India at BASAVANAGUDI AQUA CENTRE BENGALURU (KARNATAKA) from 19 th Oct 2021 (date) to 23 rd Oct (date) and secured the 3 rd (Bronze 200 mtr Breast Stroke), Bronze (4x200 mtr Freestyle Relay) position.

All India Inter Varsity Championships

Anuarg R Singh of 2nd Year BA Programme took part in the All India Inter University 2022 organized by AIU at Bhubaneshwar, Odisha from 26th to 30th December 2022 and won 4 silver Medals and 4 Bronze Medals at the event.
medals.

- 200 freestyle : Bronze Medal
- 400 freestyle : Silver Medal
- 800 freestyle : Silver Medal

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- 1500 freestyle : Silver Medal
- 4X200 freestyle relay : Silver Medal
- 4X100 freestyle relay : Bronze Medal
- 4X100 medley relay : Bronze Medal
- 4X100 mix freestyle relay : Bronze Medal

BHARGAV PHUKAN (name of the student) of 1 ST year B.Sc (Mathematics) took part in the All India Inter University Swimming Competition 2022 organized by Association of Indian Universities at KALINGA INSTITUTE OF INDUSTRIAL TECHNOLOGY (KIIT) BHUBANESWAR (ODISHA) from 26 th Dec 2022 (date) to 29 th Dec 2022 (date) and secured the Bronze

200 mtr Breast Stroke (Individual), Silver (4x200 mtr Freestyle Relay), Bronze

4x100 mtr Men's Medley Relay, Bronze (4x100 mtr Freestyle Relay) position

State and Local Competitions/Events

ANUARG R SINGH of 2 nd Year BA Programme took part in the Uttar Pradesh State swimming

Championships 2022 organized by Uttar Pradesh Swimming Association at Lucknow from 7th to 9th August 2022 and secured 5 gold medals.

- 100 freestyle : Gold Medal
- 200 freestyle : Gold Medal
- 400 freestyle : Gold Medal
- 800 freestyle : Gold Medal
- 1500 freestyle : Gold Medal



St. Stephen's College Team – BADMINTON (Men & Women)

BADMINTON (WOMEN)

DURVA GUPTA	II	B.A ENGLISH (H)	Captain
PRIYA	I	B.A. HISTORY (H)	Secretary
ANUSHKA MEHTA	III	B.A PROGRAM	

International Achievements

Priya Singh of 1st year B.A. History Hons took part in the **KOTAK India Junior International**

Series organized by BWF- Badminton Asia Confederation at Hyderabad, India from 23/08/2022 to 28/08/2022 and secured the participation position.

Qualification Round 1(XD-19):

Priya Singh/Aryan(IND) beats Harshvardhan/ Aradhna(IND) by 21-18, 21-19

Qualification Round 2 (XD-19):

Priya Singh/Aryan(IND) beats Saikat/ Sutawni Sarkar(IND) by 21-16, 22-20

Maindraw Round of 32 (XD-19):

Priya Singh/Aryan(IND) lost to Samarveer/ Radhika(IND) by 16-21, 11-21

Nationals Achievements

Durva Gupta of Second Year English Hons. took part in the **KHELO INDIA YOUTH GAMES 2021** organized by GOVERNMENT OF INDIA MINISTRY OF YOUTH AFFAIRS AND SPORTS at Panchkula, Haryana from 04-06-2022 to 13-06-2022 in the Girls Singles U18 category.

Match Details:

Round 1 : lost to Bhargavi K.

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Durva Gupta of Second Year English Hons. took part in **YONEX SUNRISE ALL INDIA SENIOR RANKING TOURNAMENT 2022** organized by BADMINTON ASSOCIATION OF INDIA at Pune, Maharashtra from 17-10-2022 to 23-10-2022 and has secured participated position in women's singles, women's doubles category.

Match Details:

Qualification last round (Women's Doubles)

Main draw round 1 (Mixed Doubles)

Priya Singh of 1st year B.A. History Hons took part in the **Yonex-Sunrise DR. AKHILESH DAS**

GUPTA MEMORIAL All India Senior Ranking Badminton Tournament 2022 organized by

Badminton Association of India at Bareilly, India from 23/12/2022 to 29/12/2022 and secured the participation position.

Qualification Round 1 (WS):

BYE

Qualification Round 2 (WS):

Priya Singh(DEL) beats Mihika bhargav(MP)

Qualification Round 3 (WS):

Priya Singh(DEL) beats Navya Mahajan(PNB)

Maindraw Round of 64 (WS):

Priya Singh(DEL) lost to Mansi Singh(UP)

Priya Singh of 1st year B.A. History Hons took part in the **Yonex-Sunrise All India Senior**

Ranking Badminton Tournament 2023 organized by Badminton Association of India at

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Bahadurgarh, Haryana, India from 12/04/2023 to 18/04/2023 and secured the participation

position.

Qualification Round 1 (WD):

Priya Singh/Ayushi (DEL) beats Aaradhya/ Divya(UP) by 15-7, 15-7

Qualification Round 2 (WD):

Priya Singh/Ayushi (DEL) lost to Khushi/ Trisha(KTK) by 6-15, 7-15

State and Local Championships/Events

Priya Singh of 1st year B.A. History Hons took part in the **Delhi State Badminton**

Championship-2022 organized by Delhi Capital Badminton Association at KD Jadhav Hall,

Indira Gandhi Stadium, New Delhi from 07/8/2022 to 14/8/2022 and secured the first position in

mixed doubles category.

Scores of the respective rounds are as follows:

Round of 16:

BYE

Quarter-Finals:

Priya Singh/Aryan beats Madhurr/ Stuti by 19-21, 21-12, 21-13

Semi-Finals:

Priya Singh/Aryan beats Shivaay/ Varda by 21-9, 21-19

Finals:

Priya Singh/Aryan beats Vaasu/ Ayushi by 21-15, 18-21, 21-17

Priya Singh of 1st year B.A. History Hons took part in the **Transform Delhi State Ranking**

Badminton Championship-2023 organized by Delhi Capital Badminton Association at Tyagraj

Stadium, INA, New Delhi from 25/01/2023 to 30/01/2023 and secured the third position in

women's doubles category. Scores of the respective rounds are as follows:

Round of 16 (WD):

Priya Singh/Ayushi beats Chanchal/ Tashvi by 21-7, 21-10

Quarter-Finals (WD):

Priya Singh/Ayushi beats Mahira/ Soumya by 21-17, 21-16

Semi-Finals (WD):

Priya Singh/Ayushi lost to Khushi/ Navdha by 10-21, 21-17, 7-21

Durva Gupta of Second Year English Hons. took part in the **DELHI STATE RANKING BADMINTON CHAMPIONSHIP 2022** organized by DELHI CAPITAL BADMINTON ASSOCIATION at Delhi University Multipurpose Hall, Sports Complex from 23-05-2022 to 29-05-2022 and secured fourth position in women's doubles category.

Invitational Sports Events organized by Colleges of Delhi University

Priya Singh of 1st year History Hons took part in the **Dr Bharat Ram Annual Sports Meet Organized By Lady Shri Ram College For Women** at AIIMS Gymkhana, New Delhi from 20-03-2023 to 22-03-2023 and secured the **Runner Up** position in the Women's singles category.

Pre-Quarter Finals:

Priya Singh (ST. Stephen's) beats Aditi(JMC) by 21-5

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Quarterfinals:

Priya Singh (ST. Stephen's) beats Payal(Khalsa) by 21-11

Semi-finals:

Priya Singh (ST. Stephen's) beats Ananya (LSR) by 21-18

Finals:

Priya Singh lost to Vidushi Singh (KMC) 19-21

Durva Gupta of SY English Hons took part in the **Dr Bharat Ram Annual Sports Meet Organized By Lady Shri Ram College For Women** at AIIMS Gymkhana, New Delhi from 20-03-2023 to 22-03-2023 and secured first position in the Women's doubles category.

Match Details:

Final Result : Women's Doubles **Winner**



St. Stephen's College Team – BADMINTON (Men & Women)

BADMINTON (MEN)

HASIL TEWARI	II	B.A. ECONOMICS (H)	Captain
SAVIO SIBI	II	BSC CHEMISTRY HONS	Secretary
SHIWESH PANDEY	I	B.A HISTORY (H)	

State Championships

Savio Sibi of SY Chemistry Hons took part in 4th KSLC All Kerala Badminton Tournament held

at Idukki (Kerala) organised by Kerala State Library Council from 10 January 2023 to 14

January 2023 and secured First position .

Invitational Sports Events organized by Colleges of Delhi University

The St. Stephen's College Men's Badminton Team took part in the Festival of Sports organized by the Shri Ram College of Commerce, Delhi University from 15 November 2022 to 16 November 2022. The Doubles team comprising of Hasil Tiwari of Second Year Economics Hons and Savio Sibi finished were eliminated in the Semi Final round.

The St. Stephen's College Men's Badminton Team took part in the Dr. Bharat Ram Sports Meet 2023, organized by Lady Shri Ram College for Women, from 20/03/2023 to 21/03/2023. The competition was held at the AIIMS Gymkhana this year.

Savio Sibi of Second Year Chemistry Hons and Shiwesh Pandey of FY History Hons took part in the doubles competition and won the **Gold Medal**.



St. Stephen's College Team – BASKETBALL (Men)

BASKETBALL (MEN)

PARAMDEEP SHOKEEN	III	B.A. ECONOMICS (H)	BASKETBALL	Captain
KUNWAR SANJEEV	III	B.A PROGRAM	BASKETBALL	Secretary
SAHIL MARK JACOB	III	BA PROGRAMME	BASKETBALL	
DIDAR REBELLO	III	BA HISTORY HONS	BASKETBALL	
AVI CHARLES	I	B.A. ECONOMICS (H)	BASKETBALL	
ALLAN ANTHONY	II	B.SC PROG	BASKETBALL	
MAAN JEENWAL	II	B.A PROGRAM	BASKETBALL	
AJIT SINGH SHAKTAWAT	II	B.A PROGRAM	BASKETBALL	
VARDAAN SHARMA	I	B.A SANSKRIT (H)	BASKETBALL	
RACHIT BAZAD	I	B.A ENGLISH (H)	BASKETBALL	

National Basketball Championships

Paramdeep Shokeen of Economics Hons Third Year participated in the 36th National Games of India. Organized by The Indian Olympic Association at The Bhawnagar Indoor Stadium in Gujrat from the 23rd of September till the 2nd of October and secured the 3rd position.

North Zone Inter-University

Paramdeep Shokeen of Economics Hons Third Year participated in the North Zone Inter-University and represented Delhi University from the the 25th of December till the 31st of December and represented The University of Delhi

Inter State and National Level Events

Paramdeep Shokeen of Economics Hons Third Year participated in the All India Basketball Tournament organized by the Government of

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Uttarakhand in Prem Nagar Haridwar from the 22nd of February till the 27th of February the represented the State of Delhi in Basketball

Paramdeep Shokeen of Economics Hons Third Year participated in The Delhi University Basketball League held at Hindu College University of Delhi and was named the MVP of two crucial games from the 3rd of April till the 8th of April.

Paramdeep Shokeen of Economics Hons Third Year participated in National Netball Tournament organized by the Netball Federation of India represented the state of Delhi

State Level Tournaments:

Paramdeep Shokeen of Economics Hons Third Year participated in the YMCA Basketball Tournament representing the college of St. Stephen's College

Paramdeep Shokeen of Economics Hons Third Year participated in the Delhi Police Memorial Tournament and secured the first place

Kunwar of 3rd Year BA program has competed in the following events during 2022-23

1. Participated in Haryana Senior State (2023)
2. Selected for 3 Khelo India camps organized by Haryana State (2022)

BASKETBALL (WOMEN)

VANSHITA SINGH	III	B.SC (PROG) CHEMISTRY	Captain
SUHANI SINGH	III	B.A. ECONOMICS (H)	Secretary
TASHA AHMED	III	B.A HISTORY (H)	
JASLEEN VOHRA	III	B.A ENGLISH (H)	
KRITIKA DHINGRA	II	B.A. ECONOMICS (H)	
YASHASVI CHAUDHARY	III	B.A. ECONOMICS (H)	
MUSKAN LATHER	III	B.SC PHYSICS (H)	
PRAKRITI RANJAN	I	B.A ENGLISH (H)	

National Games

Vanshita Singh of 3rd year B.Sc. Programme chemistry took part in the 3x3 Basketball National Games of India organized by Sports Authority of India at Bhavnagar, Gujarat from 28 September 2022 to 6 October 2022.

Kritika Dhingra of 2nd year BA Economics Honours took part in the 3x3 National Games 2022 organized by Sports Authority of India at Bhavnagar, Gujarat from 28th September to 6th Oct 22.

Sr National Achievements

Vanshita Singh of 3rd year B.Sc. Programme chemistry took part in the 73rd North zone Senior National Basketball Championship organised by Basketball Federation of India at Nurpur, Himachal Pradesh from 13 September 2022 to 16 September 2022 and secured the 2nd position.



St. Stephen's College Team – BASKETBALL (Women)

Vanshita Singh of 3rd year B.Sc. Programme chemistry took part in the 72nd Senior National Basketball Championship organised by Basketball Federation of India at Chennai, Tamil Nadu from 3 April 2022 to 10 April 2022.

Kritika Dhingra of 2nd year BA Economics Honours took part in the 72nd Senior National Basketball Championship organized by Basketball Federation of India at Udaipur, Rajasthan from 27th November to 4th December 2022 and secured the 3rd position.

Kritika Dhingra of 2nd year BA Economics Honours took part in the 72nd Senior National Basketball Championship organised by Basketball Federation of India at Chennai, Tamil Nadu from 3rd to 10th April 2022.

Prakriti Ranjan 1st year BA English Honours took part in the 72nd Senior National Basketball Championship organized by Basketball Federation of India at Udaipur, Rajasthan from 27th November to 4th December 2022 and secured the 3rd position.

North Zone InterVarsity Championships

Vanshita Singh of 3rd year B.Sc. Programme chemistry took part in the took part in the Inter University Basketball Championship organized by All India University Games at Jalandhar, Punjab from 2 January 2023 to 7 January 2023.

Kritika Dhingra of 2nd year BA Economics Honours took part in the 73rd North zone Senior National Basketball Championship organized by Basketball Federation of India at Nurpur, Himachal Pradesh from 13th September to 16th September 2022 and secured the 2nd position.

Kritika Dhingra of 2nd BA Economics Honours participated in the Khelo India Youth Games Basketball Championship organized by the Khelo India Committee at Panchkula, Haryana from 7th June to 14th June 2022.

Prakriti Ranjan 1st year BA English Honours took part in the Inter University Basketball Championship organised by All India University Games at Jalandhar, Punjab from 2 January 2023 to 7 January 2023.

State and Local Competitions/Events

Vanshita Singh of 3rd year B.Sc. Programme chemistry took part in the took part in the Delhi State Basketball Tournament organized by Delhi Basketball Associated at Delhi, India from 8 June 2022 to 12 June 2022 and secured the **2nd position.**

Suhani Singh of 3rd year B.A. (Honors)Economics took part in the Delhi State Basketball Tournament organized by Delhi Basketball Association at IG Stadium, Delhi from 8th June, 2022 to 12th June, 2022.

Kritika Dhingra of 2nd year BA Economics Honours took part in the took part in the Delhi State Basketball Tournament organized by Delhi Basketball Associated at Delhi, India from 8 June 2022 to 12 June 2022 and secured the 2nd position.

Invitational Tournaments organized by Colleges of Delhi University

The St. Stephen's College Basketball (Women) Team took part in the XXIV Invitational Inter College Basketball Tournament organised by New Delhi YMCA at YMCA Delhi from 21st September to 28th September, 2022 and won the **Runner Up position.**

The St. Stephen's College Basketball (Women) Team took part in the Royal Club Basketball Tournament organised by Delhi Basketball Association at BBPS Ganga Ram, Delhi from 10th October to 19th October, 2022 and secured **Runner Up position.**

The St. Stephen's College Basketball (Women) Team took part in the DR. Bharat Ram Annual Sports Meet 2023 organised by Lady Shri Ram College for Women at LSR College, Delhi from 20th March to 22nd March, 2023 and won the **Champions prize.**

The St. Stephen's College Basketball (Women) Team took part in the HOBNOB Tournament organised by Jesus and Mary College at JMC, Delhi from 18th April to 20th April, 2023 and had to settle for the **3rd position.**

CHESS (WOMEN AND MEN TEAM)

The college team and the students took part in the following competitions in the academic year

2023:

SOUMODEEP HOODATY	III	B.SC MATHEMATICS (H)	Captain
SATVIK SHARMA	II	B.SC MATHEMATICS (H)	Secretary
ADITYA KUMAWAT	I	B.SC MATHEMATICS (H)	
PREMKRISHNA N	III	B.SC (PROG) CHEMISTRY	
MANAV JAISON	II	B.SC CHEMISTRY (H)	
DANIEL RINNINGA BAWITLUNG	I	B.A. ECONOMICS (H)	
DAVID VL MUANPUIA HLAWNDO	II	B.SC PHYSICS (H)	(RESERVE PLAYER)
STENY SAJAN	II	B.SC CHEMISTRY (H)	
SONA SABU	III	B.SC PHYSICS (H)	
TAMANNA VASHIST	II	B.SC CHEMISTRY (H)	
RUTH ROSY DAVID	I	B.A HISTORY (H)	
ANN TERESE ROY	I	B.A. ECONOMICS (H)	
AKSHITA BATRA	I	B.SC CHEMISTRY (H)	

Kudos to Captain **Soumodeep Hoodaty** and the very talented **Satvik Sharma** who helped the junior members a create a much-needed Chess environment in College. **Premkrishna N** emerged as beacon of light for the College and was selected as a member of the Delhi University Team competing in the North Zone and All India InterVarsity Championships

ALL INDIA INTERVARSITY CHESS CHAMPIONSHIP

Premkrishna N of III-year B.Sc. Programme with Chemistry took part in the ALL INDIA INTERVARSITY CHESS CHAMPIONSHIP (MEN) organized by Association of Indian Universities at AMET University, Chennai from 13 th March to 16 th March and secured the 6th position.



St. Stephen's College Team – CHESS (Men)

Matches and Result:

- University of Delhi – ADAMAS University, Kolkata: 0-1
- MIT World Peace University, Pune – University of Delhi: 0-1
- University of Delhi – Bharatidasan University, Trichy: 0-1
- Punjabi University, Patiala – University of Delhi: 0-1
- University of Delhi – Shivaji University: 1-0

NORTH ZONE INTERVARSITY CHAMPIONSHIPS

Premkrishna N of III-year B.Sc. Programme with Chemistry took part in the **NORTH ZONE INTER UNIVERSITY MEN CHESS CHAMPIONSHIP** organized by Association of Indian Universities at Multipurpose Hall, University of Delhi from 13th February to 15th February and the team secured the **Champions position**.

State Level Competitions and Tournaments:

Satvik Sharma of II year Mathematics (honours) took part in the **Delhi State Blitz Chess**

Championship 2022 organized by Delhi Chess Association at Green Fields School, New Delhi on 14th April, 2022 and secured the 3rd position.

Satvik Sharma of II year Mathematics (honours) took part in the **Olympiad Torch Run International Open Rapid Chess Tournament 2022** organized by All India Chess Federation at Indira Gandhi Indoor Stadium, New Delhi on 19th June, 2022 and secured the 38th position.

Inter College (Delhi University) Competition

The Chess Team of St. Stephen's college took part in the Delhi University Inter-College Tournament held at the Delhi University Sports Complex from 3rd February 2023 to 6th February 2023 and won the tournament.

Round 1

Men's Team vs Arya Bhatta College

Satvik, Premkrishna, Aditya and Daniel won their games.



St. Stephen's College Team – CHESS (Women)

GAMES RECORD 2022-23

RESULT: 4-0 Victory

Women's Team

RESULT: Got a bye

Round 2

Mens Team vs Ram Lal Anand College

Satvik, Prem, Aditya and Daniel played and won their games.

RESULT: 4-0 Victory

Women's Team vs Gargi College

Steny won the game on board 1, Sona lost on the second board, Ruth lost and Akshita

secured a draw.

RESULT: 1.5-2.5 Loss

Round 3

Men's Team vs Kirori Mal College

Satvik, Prem and Aditya won on our first three boards, and Manav lost on the fourth board.

RESULT: 3-1 Victory

Women's Team vs Dr. Bhim Rao Ambedkar College

Steny won on the first board, Sona drew on the second board, Ruth won on the third board,

while Akshita lost on the fourth board.

RESULT: 2.5-1.5 Victory

Round 4

Men's Team vs Shri Ram College of Commerce

GAMES RECORD 2022-23

Satvik won on the first board, Prem won on the second, and Aditya defeated their team

captain on the third board.

RESULT:3-1 Victory

Women's Team vs Shaheed Rajguru College

Steny won on the first board, Sona won on the second board, Ruth lost on the third and

Akshita won on the fourth board.

RESULT: 3-1 Victory

Round 5

Men's Team vs Hansraj College

Satvik won on the first board, Prem Los on the second board, Aditya won on the third board

and Daniel won on the fourth board

RESULT: 2-2 Draw

Women's Team last round; vs Shri Ram College of Commerce

All four girls lost their games.

RESULT:0-4 Loss

Round 6

Men's Team vs Sri Venkateswara College

Satvik won on the first board, Prem lost on the second board, Aditya lost on the third board,

and Daniel won on the fourth board.

RESULT:2-2 Draw

OVERALL RESULTS:

Men's Team: 10 points, emerged as tournament winners (Satvik Sharma won all 6 rounds having a perfect score of 6/6).

Women's Team: 6 points, came VIIIth . Steny emerged as the top scorer with 3/5.

Inter-University Trials:

Usually University Trials are not recorded as an achievement, but the players of the College Chess had impressed the organizers and two students were invited for the Trails on the base of their performances

Premkrishna qualified to play for the Delhi University Team in the trials,

Steny qualified for the trials, but lost.

Invitational Competitions/Sports Festivals organized by the Colleges of Delhi University

Lady Shri Ram College Invitational – Dr. Bharat Ram Sport's Meet

The Chess Team of St. Stephen's college took part in the Delhi University Inter-College Tournament held at the Delhi University Sports Complex from 20 th March 2023 to 22 nd March 2023 and came fourth in the tournament. Both the Men's Team and Women's Team had 4 players each.

It was decided to give opportunity to Two players who did not qualify for the College Team to take part in the individual events.

- David Hlawndo – BSc. Physics(H) – II Year
- Nohin J Luke – BSc. Programme – II Year (INDIVIDUAL EVENT ONLY)

Here's hoping that they qualify for the main team the next year.

TEAM EVENT

Round 1

Men's Team Vs Shaheed Sukhdev College of Business Studies

Satvik, and Soumodeep managed to secure wins, while David secured a draw, and Daniel

lost.

RESULT: 2.5-1.5 Victory

Women's Team Vs Kirori Mal College

Steny was absent due to sickness, other three girls lost their games.

RESULT: 0-4 Loss

Round 2

Men's Team Vs Kirori Mal College

Satvik won, while Daniel and Soumodeep lost, David secured a draw.

RESULT: 1.5-2.5 Loss

Women's Team

RESULT: Got a bye

Round 3

Men's Team Vs Shaheed Bhagat Singh College

Satvik won, David drew, Soumodeep and Daniel lost their games.

RESULT: 1.5-2.5 Loss

Women's Team last round : Vs Gargi College

Steny was absent due to sickness, Akshita won her game, while Sona and Ruth lost their

games.

RESULT: 1-3 Loss

Round 4

Men's Team

Vs Acharya Narendra Dev College

Satvik, Soumodeep and Daniel won their games, while David lost.

RESULT: 3-1 Victory

OVERALL RESULTS:

Men's Team: 04 points and came 4 th overall, Satvik emerged as the top scorer with 3/4,

Soumodeep had a score of 2/4, David 1.5/4 and Daniel 1/4.

Women's Team: 02 points, came

MEN'S INDIVIDUAL EVENT (7 Rounds):

The event had a total participation of 50 players.

1. Satvik Sharma – 5.5/7 (4 th)
2. Daniel Bawitlung – 4/7 (13 th)
3. David Hlawndo – 3/7 (23 rd)
4. Soumodeep Hoodaty – 2/7 (35 th)
5. Nohin J Luke – 1/7 (42 nd)
6. Manav Jaison – 0/7 (Absent due to emergency)

WOMEN'S INDIVIDUAL EVENT (5 Rounds):

The event had a total participation of 27 players.

1. Steny Sajan – 2/5 (19 th)
2. Akshita Batra – 2/5 (20 th)
3. Ruth Rosy David – 1/5 (24 th)
4. Sona Sabu – 0/5



St. Stephen's College Team – CRICKET

CRICKET

PANKAJ	III	B.A PROGRAM	Captain
ANKIT	II	B.A PROGRAM	Secretary
HITESHWAR SHARMA	II	B.A HISTORY (H)	
SAKSHAM RAI	III	B.SC CHEMISTRY (H)	
ANMOL DANIEL CAMPBELL	II	B.SC MATHEMATICS (H)	
AARYA DIWAN	III	B.SC PHYSICS (H)	
YASH ARYA	I	B.A HISTORY (H)	
TANUJ PHILLIP	II	B.A PROGRAM	
AJIT MEENA	I	B.A HISTORY (H)	
PARAS JYANI	II	B.A PROGRAM	
ANKIT BISHT	I	B.A ENGLISH (H)	
TARUN GEORGE	III	B.A. ECONOMICS (H)	
HIMALAYA CHOUDHARY	I	B.SC PHYSICS (H)	
SHIVARPIT	I	B.A PROGRAM	
PRAGYANSH ALAG	III	B.SC CHEMISTRY (H)	
VIPIN	II	B.A PROGRAM	
ISHAAN KHAN	II	B.A PROGRAM	

National Level Tournaments of Cricket

Ishaan Khan of 2nd year B.A Programme took part in the Col.CK Naidu Trophy organised by BCCI from 21 December 2022 to 5 February 2023

The College Team took part in the following competitions and events during the academic year 2022-23

University of Delhi Inter-College Cricket Tournament 2022-23

The Cricket Team of St. Stephen's college took part in the Delhi University Inter-College Tournament held at Hindu College, from 7th February to 28th February 2023.

Unfortunately, in match that decided on the last ball and last run the college team was eliminated in the first round.

Match Detail:

St. Stephen's vs Kirori Mal College

Kirori Mal College- 231/10 (40 Overs)

St. Stephen's- 230/9 (40 Overs)

Result: St. Stephen's lost to Kirori Mal College by 1 run

- Ankit scored 91 runs and took 2 wickets .
- Ishaan Khan Scored 35 runs and took 5 wickets.
- Paras Jyani Scored 28 runs and took 1 wicket.
- Pankaj Scored 19 runs (not out).

1st Swami Dayanand Saraswati Inter College T-20 Cricket Tournament organized by the PGDAV College, University of Delhi

The St Stephen's College team participated in the invitational cricket tournament from 15th March to 27th March 2023 and reached Semi-Final.

The Tournament was played on a Preliminary League basis, where each team got to play at least 3 Matches. The Top Four Team Qualified for the Semi Final that was played on the Knock out basis.

The three matches were a wonderful experience for the Team as it was the first time many of the students played in a day and night match under flood lights. The revamped Cricket Grounds at the PGDAV College has emerged as one the top cricket facilities in the NCR Region with Four towering flood lights, excellent ground conditions and most importantly a competitive pitch that favours batsmen and bowlers alike.

Round I: League Matches

Match 1: St. Stephen's vs Shyam Lal College.

Result: St. Stephen's College Won

GAMES RECORD 2022-23

St. Stephen's-162/6 (20 Overs)

Shyam Lal College- 90/10 (14 Overs)

Result : St. Stephen's won by 72 runs.

- Ankit took 4 wickets and scored 20 runs and was also adjudged as Man of the match.
- Shivarpit Scored 35 runs .
- Hiteshwar scored 21 runs.

Match 2: St. Stephen's vs Ram Lal College.

Result: St. Stephen's College Won

St. Stephen's- 152/8 (20 Overs)

Ram Lal College -63/10 (12 Overs)

Result : St. Stephen's won by 89 runs.

- Ishaan Khan took 4 wickets and was adjudged Man of the match.
- Ankit scored 35 runs and took 2 wickets.
- Aarya Diwan Scored 50 runs.

Round II

Semi Final:

St. Stephen's vs PGDAV College.

PGDAV College - 200/4 (20 Overs)

St. Stephen's - 150/8 (20 Overs)

Result : PGDAV won by 50 runs.

- Tarun George scored 62 runs.
- Ankit took 2 wickets and scored 25 runs.
- Paras Jyani took 2 wickets and scored 19 runs



St. Stephen's College Team - FOOTBALL (Men)

FOOTBALL (MEN)

DION TREVOR MARWEIÑ	III	B.SC MATHEMATICS (H)	Captain
VIPUL KUMAR RANA	III	B.A HISTORY (H)	Secretary
RINZUALA RALTE	III	B.SC MATHEMATICS (H)	
PAOGOULAL SINGSIT	III	B.A HISTORY (H)	
VINOLEN JOHN	III	B.A PROGRAM	
JAI JAIRATH VARMA	II	BSC (P) COMPUTER SCIENCE	
DHAJEN BASUMATARY	II	B.A PROGRAM	
LEMUEL MEKOR KHARKONGOR	II	B.A. ECONOMICS (H)	
NITESH DUNG DUNG	II	CHEMISTRY (H)	
ABHAY SINGH	II	B.A HISTORY (H)	
C.VANLALMALSAWMSANGA	II	PHYSICS (H)	
AADI CHAUHAN	I	B.A ENGLISH (H)	
GAVIN MAIYAPAM AS	I	B.A PROGRAM	
PAUMUANTHANG	I	B.A PROGRAM	
SASANG LOTZEM	I	B.A PROGRAM	
HAOGUNLEN LHOVUM	I	B.A PROGRAM	
JERIN F JAISON	I	B.SC MATHEMATICS (H)	
DHRUV VATS	I	B.A. ECONOMICS (H)	
NIGEL ALMEIDA	I	B.A. ECONOMICS (H)	

FRIENDLY MATCHES**St Stephens College 4-1 St Columbus School (2nd August, 2022)**

Vinolen opened the scoring for St Stephens College early on in the game and shortly after lunmin doubled the lead. At the stroke of half time, Abhay scored to give Stephens a 3-0 lead going into half time. Vinolen scored his 2nd of the game midway through the 2nd half to increase St Stephens Colleges lead to 4-0. Late on in the game, St Columbus School scored to make it 4-1.

GAMES RECORD 2022-23

St Stephens College 1-6 Hindu College (10th August, 2022)

Hindu College scored 4 in the 1st half against St Stephens College. Quickly into the 2nd half, Jai got a goal back for St Stephens College but Hindu quickly got another goal and ended the game with a comfortable 6-1 victory.

St Stephens College 0-3 Delhi Police Academy (19th August, 2022)

St Stephens College conceded 3 goals in the 2nd half and lost the game against the Delhi Police Academy.

St Stephens College 2-5 Hansraj College (23rd September, 2022)

Hansraj scored early on to take the lead. St Stephens College replied nearly immediately with a goal from Abhay. Hansraj scored twice before half time to take a 3-1 lead into the break. Shortly after resumption, Hansraj scored 2 quick goals to take a 5-1 lead. Towards the end of the game, Dhajen scored what seemed to be just a consolation. The game ended 5-2 in favour of Hansraj College.

St Stephens College 1-2 Shimla Youngs (30th September, 2022)

St Stephens College scored in the middle of the 1st half via a goal from Vinolen. At the stroke of half time, Shimla Youngs equalised. Midway through the 2nd half, Shimla Youngs scored another goal to give them a 2-1 lead, and that's how the game ended.

St Stephens College 2-3 Hindu College (24th November, 2022)

Hindu scored an early goal after which Abhay equalised for St Stephens College. Jai put St Stephens College into the lead but the joy was short-lived as Hindu got an equaliser right at half time. Hindu started the 2nd half strong and got a goal, resulting in a 3-2 win for them.

St Stephens College 2-2 Hindu College (8th February, 2023)

St Stephens College were given an early lead via Jai. Hindu soon got a goal back and scored again before half time to take a 2-1 lead into the break. Midway through the 2nd half, St Stephens College equalised via a penalty, converted by Aadi.

DELHI UNIVERSITY INTER-COLLEGE FESTIVAL

The College Football team took part in the Inter College Football festival organized by the Delhi University at the University Stadium in

GAMES RECORD 2022-23

September 2022. The festival was held as many were still coping to return to sports post pandemic lockdown

The result of the matches are as given below:

ROUND 1 (1st September, 2022)

St Stephens College 2-0 Deshbandu College

St Stephens College scored twice in the 1st half brace courtesy Lunmin Guete of 3rd Year Mathematics (Hons) to register a comfortable 2-0 win their opening game.

ROUND 2 (11th September, 2022)

St Stephens College 0-1 Sri Venkateshwara College

St Stephens College put up a creditable fight against the formidable Sri Venkateshwara College Football team. Unfortunately, the team conceded a penalty late into the 6th minute of added time. The opponents beat the goalkeeper Nitesh Dumdung to score the only goal of the game. The college team were unfortunate with this 0-1 loss, knocking St Stephens College out of the tournament. Sri Venkateshwara College ended up Winning the tournament

DR. BHARAT RAM ANNUAL SPORTS FEST – LADY SRI RAM COLLEGE

ROUND 1 (21st March, 2023)

St Stephens College 2-0 Siri Fort Institute of Management Studies

Aadi scored 2 goals early to give St Stephens College a win in the 1st round.

ROUND 2 (21st March, 2023)

St Stephens College 0-0 Jamia Milia Islamia

St Stephens College 1-4 Ramjas College

Ramjas got 2 early goals, to which St Stephens College responded via Aadi. At half time, the score was 2-1. Quickly into the 2nd half, Ramjas scored 2 more goals, resulting in a 4-1 defeat for St Stephens College, knocking them out of the tournament.

ST STEPHENS INVITATIONAL FOOTBALL TOURNAMENT

GROUP STAGES

GAME 1 (23rd March, 2023)

St Stephens College 1-3 Hindu College

Hindu scored early on in the game. St Stephens College responded via a goal from Aadi. Right before half time, Hindu scored another goal. Quickly after the half time break, Hindu scored another and the game ended 3-1.

GAME 2 (1st April, 2023)

St Stephens College 5-1 St Stephens College Alumni

Shortly after kick-off, Jai scored a goal, giving St Stephens College a 1-0 lead. Almost immediately, Jerin scored, giving St Stephens College a 2-0 lead within the first 15 minutes. At the stroke of half time, Sassang scored to give St Stephens College a 3-0 lead at half time. Right after the break, Aadi scored a penalty, after which the Alumni got a goal back, making it 4-1. Near the 70th minute mark, Jai scored his 2nd of the game, giving St Stephens College a comfortable 5-1 win.

GAME 3 (2nd April, 2023)

St Stephens College 1-0 Dyal Singh College

A wonderful late goal from Gavin gave St Stephens College a slender 1-0 win, which was enough to qualify for the semi-finals of the tournament.

SEMI-FINALS (3rd April, 2023)

St Stephens College 1-0 Sri Ram College of Commerce

Captain Dion scored early in the 2nd half to give St Stephens College the victory.

FINALS (5th April, 2023)

St Stephens College 0-2 Ramjas College

Ramjas college scored 2 early goals in the 1st half and that's all she wrote. St Stephens College were beaten in the finals and ended up as the Runners Up in the St Stephens College Invitational Football Tournament.

Delhi League of the Delhi Soccer Association

It is worth mentioning that two students of the college have got the opportunity to play for Clubs in the B Division Inter Club League Tournament organized by the Delhi Soccer Association. The boys are:

Dhajn Basumatari of BA Program IInd Year played for Golden Star FC

Adi Chauhan of I Yr B A (Hons) English played for Rohini FC

Rajasthan State Championship

Ishaan Khan of 2nd year B.A Programme took part in the Rajasthan State Camp for the State team, he also was picked up to represent the Ajmer District in Rajasthan in the State championship

Worthy of Mention:

While playing for the College team is a dream for every football fan, it must be noted that the practice of the team has been a tough and very demanding journey. During the last two years, the following students were a part of this journey, but unfortunately and deeply saddening to these seven boys leave due to the academic pressures of competitive exams, studies, personal reasons and a few others for joining other teams of the college.

- Lunmin Guete 3rd Year Mathematics (Hons),
- Hebin Jose BA(P) IInd Year,
- Jovel Jino Joseph Maths(Hons) IInd Year,
- Ryan Micah BA (Prog) IInd Year,
- Basil B.Sc Physics (Hons) IIIrd Year,
- Pankaj BA (Prog) IIIrd Year,
- Ishaan Khan BA Prog IInd Year



St. Stephen's College Team – FOOTBALL (Women)

FOOTBALL (WOMEN)

The girls of the College team were unable to participate in any tournament as most of the events were not held as organizers at state, University and many colleges of Delhi decided not to hold them for personal reasons.

The Department of Physical Education and Sports Sciences in the College, however organized two to three Football events every year to encourage Girls to play Football. This was because the sport allowed them to come out and play with the boys. Most of the events were popular as the college girls were representing their Departments in the Inter Department Games.

The following were the Girls who played for their respective Departments and would have been a part of the College team. The Department would like to give them credit for their hard work and efforts on the field of play.

SANA AFZAL MIR	III	B.A PROGRAM
KAAVYA TALWAR	III	B.A PROGRAM
NEINOMCHING HAOKIP	III	B.A PROGRAM
ALICE DUNG DUNG	III	B.A PROGRAM
ANISHA JISON	III	B.A PROGRAM
ANUBHA RACHEL RISHI	III	B.A PROGRAM
AKRITI LAL	III	B.A PROGRAM
KRITIKA DHINGRA	II	B A ECONOMICS (H)
ANANYA	I	B.A ENGLISH (H)

Though the aim of the event was a simple as to promote these young women to play in a safe, non-competitive and foster an active lifestyle on campus, the students embraced the concept well.

Call it whatsoever you want, the Resident Cup, the Inter Departmental Games, Inter Class Championship or just Football matches, each event was a testimony of the love these Girls had in playing, competing and simply loving the beautiful game.



St. Stephen's College Team -- LAWN TENNIS (Women)

LAWN TENNIS (WOMEN)

SANDEEPTI SINGH RAO	II	B.A PROGRAM	Captain
SAMPADA NARULA	I	B.A. ECONOMICS (H)	Secretary

International Level

Sandeepthi Singh Rao of 2nd year BA Program took part in **ITF 15K Women Tennis Tournament, organized by International Tennis Federation** at **Jhajjar (Haryana)** in the **Women(Single)** Category from **13.02.2023 to 19.02.2023**, and was **Runners up**.

Match Details are as given below:

Qualifying Draw

First Round	:	Beat Komal Nagre 6-0,6-0
Second Round	:	Beat Ishwari Matere 6-4,6-2
Final Qualifying Round	:	Beat Paavanii Pathak 6-0,6-3

Main Draw

First Round	:	Beat Sai Samhitha Chamarthi 6-2,6-2
Pre-Quarterfinal	:	Beat Top seed Diana Marcinkevica of Latvia 7-6,6-2
Quarterfinal	:	Beat 5 th seed Shrivalli Rashmikaa 6-2,7-6
Semi-final	:	Beat 3 rd seed Tamara Curovic of Serbia 7-5,2-6,7-6
Final	:	Lost to Zeel Desai 6-1,1-6,4-6

Sandeepthi Singh Rao of 2nd year BA Program took part in **ITF 15K Women Tennis Tournament, organized by International Tennis Federation** at **Gurugram** in the **Women(Single)** Category from **20.02.2023 to 26.02.2023**, and was **Runners up**.

Match Details are as given below:

Main Draw

First Round	:	Beat Ishwari Maitere 6-0,6-1
Pre-Quarterfinal	:	Beat 5 th seed Tamara Curovic of Serbia 6-3, 2-1(retired)
Quarterfinal	:	Beat 3 rd seed Saki Imamura of Japan 6-3,6-3
Semi-final	:	Beat Zeel Desai 3-6,6-4,6-4
Final	:	Lost to Vaidehi Chaudhary 6-4,2-6,0-6

National Games, Gujrat:

Sandepti Singh Rao of 2nd year BA Program took part in **National Games**, organized by Sports Authority of at Ahmedabad in the **Women (Doubles)** Category from 27.09.2022 to 10.10.2022, and won **Bronze Medal**.

National Level AITA Events

Sandepti Singh Rao of 2nd year BA Program took part in **AITA National Ranking Women Tennis Tournament**, organized by All India Tennis Association at Hyderabad in the **Women (Single)** Category from 19.09.2022 to 23.09.2022, and was **Winner**.

Match Details are as given below:

First Round	:	Beat Sai Deedipya 6-1, 6-0
Pre-Quarterfinal	:	Beat Nirali Bahadur 6-0,6-1
Quarterfinal	:	Beat Shranya Gaware 6-3, (Retired)
\Semi-final	:	Beat Gayatri Menon 6-1,6-1
Final	:	Beat Soumya Ronde 6-2, 6-4

Sandepti Singh Rao of 2nd year BA Program took part in **AITA National Ranking Women Tennis Tournament**, organized by All India Tennis Association at Gurugram in the **Women (Single)** Category from 21.11.2022 to 25.11.2022, and was **Winner**.

GAMES RECORD 2022-23

Match Details are as given below:

First Round	:	Beat Tamanna Panwar 6-1, 6-1
Pre-Quarterfinal	:	Beat Sanjami Arora 6-0, 6-0
Quarterfinal	:	Beat Riya Ubveja 6-3,6-2
Semi-final	:	Beat Sachi Sharma(Raj.) 4-6, 6-3,6-2
Final	:	Beat Himanshika(Chandigarh) 6-1,6-2

Sandeepi Singh Rao of 2nd year BA Program took part in **AITA National Ranking Women Tennis Tournament**, organized by **All India Tennis Association** at **Jhajjar** in the **Women (Single)** Category from **28.11.2022 to 02.12.2022**, and was **Winner**.

Match Details are as given below:

First Round	:	Bye
Pre-Quarterfinal	:	Beat Abhilasha Bisht 6-3,6-3
Quarterfinal	:	Beat Bhumika 6-0, 6-0
Semi-final	:	Beat Rachita Talwar 6-1. 2-6, 6-1
Final	:	Riya Ubveja 6-2, 6-2

Sandeepi Singh Rao of 2nd year BA Program took part in **Fenesta Nationals (Women) Tennis Tournament**, organized by **All India Tennis Association** in **New Delhi** in the **Women (Single)** Category from **10.10.2022 to 14.10.2022**, and was **Quarter Finalist**.

Qualifying Draw

First Round	:	Bye
Second Round	:	Beat Bhumika Rohilla (in 6 games to win) 6-0
Final Qualifying Round:	:	Beat Shruti Gupta in small sets 4-0, 4-1

Main Draw

First Round	:	Beat Kashish Bhatia 6-3,6-0
Pre-Quarterfinal	:	Beat Hitkamyia Narwal 6-2,6-2
Quarterfinal	:	Lost to Sai Samhita Chamarati 3-6,5-7

GAMES RECORD 2022-23

Sandeepi Singh Rao of 2nd year BA Program took part in **AITA National Ranking Women Tennis Tournament**, organized by All India Tennis Association at Hyderabad in the Women (Doubles) Category from 19.09.2022 to 23.09.2022, and was **Winner**.

SAI and State Government Sports Initiatives:

Sandeepi Singh Rao of 2nd year BA Program took part in **Khelo India Women One Day tournament** at Major Dhyan Chand Stadium in the Women Category on 10.03.2023, and was **Winner**.

Match details are as follows:

Pre-Quarterfinal	:	Bye
Quarterfinal	:	Beat Trisha Yadav in super Tie-break 10-1
Semi-final	:	Beat Bharati in short sets 4-0,4-0
Final	:	Beat Shruti Gupta in short sets 4-0, 4-1

Inter College Events organized by Colleges of Delhi University

Sandeepi Singh Rao of 2nd year BA Program took part in **Dr. Bharat Ram Annual Sports meet** organized by **Lady Shri Ram College for women** from 20.03.2023 to 22.03.2023, and was **Winner**. Score of the respective rounds were as follows:

Match details are as follows:

Pre-Quarterfinal	:	Bye
Quarterfinal	:	Beat Ridhima 3-0 (Retired)
Semi-final	:	Beat Kavya Khirwar 6-4, 6-1
Final	:	Beat Rachita Talwar 6-0, 6-1

LAWN TENNIS (MEN)

The following students represented college in the academic year 2022-23:

ROHAN MEHRA	III	B.A PROGRAM	Cap
SHAFAT ALI ASGHAR	I	B.A HISTORY (H)	Sec

International Level

Rohan Mehra of BA Prog IIIrd Year took part in the **ITF World tour event (15K world ranking event) at Ranaana, ISRAEL** in June 2022

Match Details are as given below:

First round	beat Adrian Daniel 6-1 6-2
Second round	beat world number 109 Jonathon Baron 7-5 6-4
Third round	beat (NCAA Champion) Nir Vodavoz 6-4 7-5
Maindraw	lost Robert Strombachs (Germany) 5-7 6-7

Rohan Mehra of BA Prog IIIrd Year took part in **the ITF World Tour Event at Kfar Saba in Israel** in 1st August 2022

First round	beat Roy Lesham 6-4 6-3
Second round	beat Sean kamyshev (Top Israeli player) world rank 942 6-4 6-2
Maindraw	beat Jonathon baron to gain first world tour ranking point 7-5 6-3
Pre quarter finals	lost to Cyprus Davis Cup Captain Menelaos Efstathiou 6-7 1-6

Rohan Mehra of BA Prog IIIrd Year took part in the **ITF Futures 15K World Championship** held at Delhi from October 2022

First round	– beat tarun karra 6-3 6-4
Second round-	beat teertha Shashank 6-4 7-5
Third round	– beat top ranked Indian lakshay Gupta 6-2 6-3
Maindraw-	lost to navy captain faisal qamar 2-6 6-7



St. Stephen's College Team -- LAWN TENNIS (Men)

National Games

Rohan Mehra of BA Prog IIIrd Year Captained the Delhi team at the National Games 2022 in Gujart and won a **bronze medal**

Including winning the tiebreaker doubles for delhi and beating the number one team in the country

6-2 5-7 6-3 DELHI BEAT TAMIL NADU

National Level AITA National Tier Events

Rohan Mehra of BA Prog IIIrd Year took part in the national championship on 1st April 2022 Rohan won the **Championship – Gold** beating the navy team captain Abhishek gaur in the finals

Rohan Mehra of BA Prog IIIrd Year Finished **Runner Up- Second** in the 2023 national championship losing 6-7 7-6 6-7 to Ajay Malik (junior Davis cup team captain)

Shafaat Ali Asghar of 1st – year History Hons took part in the Championship Series-7 Tournament organised by the All India Tennis Association (AITA) at Delhi from 01/05/2023 -07/05/2023 and reached per quarters by defeating the 5th seed of the tournament , Hemant Dixit India no. (169)

Inter College events organized by Colleges of Delhi University

Rohan Mehra 3rd year BA Program won the **Championship Gold** in the LSR sports meet on the 20th of March. Score of the respective rounds were as follows :

Pre-Quarterfinal 4-0 4-1 : Bye Arjun phogat

Quarterfinal 4-1 4-0 : Beat Anirudh

Semi-final 4-0 4-0 : Beat Anmol pankaj

Final 4-0 4-0 : Beat Yash dabas



St. Stephen's College Team – SHOOTING (Women)

SHOOTING (WOMEN)

International Events:

Payal of 2nd year English Hons is been selected to represent the Indian Shooting Team in ISSF Junior World Cup to be held in Suhl, Germany from 1-06-2023 to 12-06-2023 in 25MTR Sports Pistol category.

Payal of 2nd year English Hons took part in the ISSF World Championship 2022 held at Cairo, Egypt from 8th to 25th October 2022 organized by International Shooting Sports Federation and secured a Gold medal in 25MTR Rapid Fire Junior Mixed Team.

Payal of 2nd year English Hons took part in the ISSF World Championship 2022 held at Cairo, Egypt from 8th to 25th October 2022 organized by International Shooting Sports Federation and secured a Bronze medal in 25MTR Standard Pistol Junior Mixed Team.

National Level Events:

Payal of 2nd year English Hons took part in the 64th National Shooting Championship in Pistol Events held at New Delhi from 18th November – 6th December organised by the National Rifle Association of India (NRAI) and secured a Bronze medal in the 25MTR Sports Pistol Junior Women category with a score of 562/600.

Payal of 2nd year English Hons took part in the 65th National Shooting championship organised by the National Rifle Association of India(NRAI) at Bhopal, MP from 20-11-2022 to 12-12-2022 and secured the 20th position in the 25MTR Sports Pistol Junior Women category with the qualifying score of 561/600.

All India Inter Varsity Championships

Payal of 2nd year English Hons took part in ALL INDIA INTER UNIVERSITY SHOOTING CHAMPIONSHIP organised by MANAV RACHNA UNIVERSITY at Dr Karni Singh Shooting Range, New Delhi from 25-03-2022 and secured a Gold medal in the 25MTR Sports Pistol Women Team category.

Payal of 2nd year English Hons took part in the ALL INDIA INTER UNIVERSITY SHOOTING CHAMPIONSHIP organised by MANAV RACHNA UNIVERSITY at Dr Karni Singh Shooting Range, New Delhi from 09-02-2023 to 12-02-2023 and secured a silver medal in the 25MTR Sports Pistol Women Team category.

Khelo India University Games

Payal of 2nd year English Hons took part in the KHELO INDIA UNIVERSITY GAMES held at SAI Southern Centre, Bengaluru from 23rd April to 2nd May 2022 and secured 7th position and a Finalist in 25MTR Sports Pistol Women category.

Payal of 2nd year English Hons took part in the KHELO INDIA YOUTH GAMES organised by the Sports Authority of India (SAI) at Bhopal, MP from 01-02-2023 to 06-02-2023 and secured the 9th position in the 25MTR Sports Pistol Women category with a score of 567/600.

Devanshi Gahlot of First year B. A. Economics (Hons.) took part in the Khelo India Sports for Women Shooting Competition 2023 organized by Delhi State Rifle Association (DSRA) at Dr Karni Singh Shooting Range on 10 March 2023 and secured the fifth position with a score of 362/400.

Kumar Surender Singh Memorial Shooting Championship

Payal of 2nd year English Hons took part in the 20th Kumar Surendra Singh Memorial Shooting Championship (Pistol) - 2022 held at M.P. Shooting Academy, Bhopal (Madhya Pradesh) from 10th to 24th June 2022 and secured a Silver medal in 25MTR Sports Pistol Junior Women category with a qualifying score of 566/600 and second position in the finals.

NRAI National Team Selection Trials

Payal of 2nd year English Hons took part in Selection Trail 1 and 2 organised by the National Rifle Association of India(NRAI) at Dr Karni

GAMES RECORD 2022-23

Singh Shooting Range, New Delhi from 08-01-2023 to 14-01-2023 and secured second ranking with scores of 576/600 and 576/600 respectively in the 25MTR Sports Pistol Junior Women category.

Payal of 2nd year English Hons took part in the Selection Trail 3 and 4 organised by the National Rifle Association of India(NRAI) at M.P State Shooting Academy, Bhopal from 12-04-2022 to 18-04-2023 and secured first ranking with scores of 566/600 and 575/600 respectively in the 25MTR Sports Pistol Junior Women category.

Inter College Competitions Organized by the College of Delhi University

Devanshi Gahlot of First year B. A. Economics (Hons.) took part in the DR.BHARAT RAM SPORTS MEET 2023 organized by LADY SHRI RAM COLLEGE FOR WOMEN (Delhi University) at Top Gun Shooting Range, New Delhi on 20 March 2023 and secured the second position with a score of 366/400.



St. Stephen's College Team – SHOOTING (Men)

SHOOTING (MEN)

National Level Events:

Agneya Kaushik of 1st-year History Hons took part in the 65th National Shooting championship organised by the National Rifle Association of India(NRAI) at Bhopal, MP from 20-11-2022 to 12-12-2022 and secured the 8th position in the 25MTR Rapid Fire Pistol Junior Men category with the qualifying score of 567/600 and score of 7 hits in the finals.

Agneya Kaushik of 1st-year History Hons took part in the 65th National Shooting championship organised by the National Rifle Association of India(NRAI) at Bhopal, MP from 20-11-2022 to 12-12-2022 and secured the 16th position in the 25MTR Rapid Fire Pistol Senior Men category with the qualifying score of 567/600.

Shivansh Bajoria of 1st-year Economics Hons took part in the 65th National Shooting championship organised by the National Rifle Association of India (NRAI) at Bhopal, MP from 20-11-2022 to 12-12-2022 and secured the 37th position in the 25MTR sports Pistol junior Men category with the qualifying score of 563/600.

Shivansh Bajoria of 1st-year Economics Hons took part in the 65th National Shooting championship organised by the National Rifle Association of India (NRAI) at Bhopal, MP from 20-11-2022 to 12-12-2022 and secured the 244th position in the 10MTR Air Pistol junior Men category with the qualifying score of 551/600.

Kabir Sharma of 2nd-year History Hons took part in the 65TH NATIONAL SHOOTING CHAMPIONSHIP COMPETITIONS

GAMES RECORD 2022-23

organised by the National Rifle Association of India(NRAI) at Dr Karni Singh Shooting Range, New Delhi held from 20-11-2022 to 10-12-2022 and secured 8th position in Clay Pigeon Trap Junior men event with the score of 113/125.

Kabir Sharma of 2nd-year History Hons took part in the 65TH NATIONAL SHOOTING CHAMPIONSHIP COMPETITIONS organised by the National Rifle Association of India(NRAI) at Dr Karni Singh Shooting Range, New Delhi held from 20-11-2022 to 10-12-2022 and secured 3rd position in Clay Pigeon Trap Mixed Team event with the combined score of 125/150.

All India Inter Varsity Championships

Agneya Kaushik of 1st-year History Hons took part in the ALL INDIA INTER UNIVERSITY SHOOTING CHAMPIONSHIP organised by MANAV RACHNA UNIVERSITY at Dr Karni Singh Shooting Range, New Delhi from 09-02-2023 to 12-02-2023 and secured the 4th position in the 25MTR Rapid Fire Pistol Junior Men category with the qualifying score of 575/600.

Kabir Sharma of 2nd-year History Hons took part in the ALL INDIA INTER UNIVERSITY SHOOTING CHAMPIONSHIP organised by Manav Rachna University at Dr Karni Singh Shooting Range, New Delhi held from 09-02-2023 to 12-02-2023 and secured 1st position in Clay Pigeon Trap Mixed Team event with the combined score of 139/150.

Kabir Sharma of 2nd-year History Hons took part in the ALL INDIA INTER UNIVERSITY SHOOTING CHAMPIONSHIP organised by

GAMES RECORD 2022-23

Manav Rachna University at Dr Karni Singh Shooting Range, New Delhi held from 09-02-2023 to 12-02-2023 and secured 3rd position in Clay Pigeon Trap Men Team event with the combined score of 224/350.

Kabir Sharma of 2nd-year History Hons took part in the ALL INDIA INTER UNIVERSITY SHOOTING CHAMPIONSHIP organised by Manav Rachna University at Dr Karni Singh Shooting Range, New Delhi held from 09-02-2023 to 12-02-2023 and secured 6th position in Clay Pigeon Trap Men individual event with the score of 112/150

Khelo India Youth / University Games

Agneya Kaushik of 1st-year History Hons took part in the KHELO INDIA YOUTH GAMES organised by the Sports Authority of India(SAI) at Bhopal, MP from 01-02-2023 to 06-02-2023 and secured the 3rd position in the 25MTR Rapid Fire Pistol Junior Men category Semi-Finals with the qualifying score of 565/600 and the semi-final score of 11 Hits.

Kabir Sharma of 2nd-year History Hons took part in the KHELO INDIA UNIVERSITY GAMES organised by Sports Authority of India(SAI) at Bangalore held in April 2022 and secured 2nd position in Clay Pigeon Trap Mixed Team event.

Kabir Sharma of 2nd-year History Hons took part in the KHELO INDIA UNIVERSITY GAMES organised by Sports Authority of India(SAI) at Bangalore held in April 2022 and secured 11th position in Clay Pigeon Trap Men individual event with the score of 110/125.

NRAI National Team Selection Trials

Agneya Kaushik of 1st-year History Hons took part in the SELECTION TRIAL 5&6 organised by the National Rifle Association of India (NRAI) at Dr Karni Singh Shooting Range, New Delhi from 17-08-2022 to 30-08-2022 and secured the 3rd position in the 25MTR Rapid Fire Pistol Junior Men category TRIAL 6 with a qualifying score of 569/600 and the finals score of 17 Hits.

Agneya Kaushik of 1st-year History Hons took part in the SELECTION TRIALS 1&2 organised by the National Rifle Association of India(NRAI) at Dr Karni Singh Shooting Range, New Delhi from 08-01-2023 to 14-01-2023 and secured the 1st position in the 25MTR Rapid Fire Pistol Junior Men category TRIAL 2 with the qualifying score of 570/600 and the final score of 29 Hits.

Agneya Kaushik of 1st-year History Hons took part in the SELECTION TRIALS 3&4 organised by the National Rifle Association of India(NRAI) at Bhopal, MP rom 11-04-2023 to 16-04-2023 and secured the 9th position in the 25MTR Rapid Fire Pistol Junior Men category TRIAL 4 with the qualifying score of 563/600.

Inter College Competitions Organized by the College of Delhi University

Agneya Kaushik of 1st-year History Hons took part in the DR BHARAT RAM ANNUAL SPORTS MEET organised by LADY SHRI RAM COLLEGE FOR WOMEN at TOP GUN shooting academy, New

GAMES RECORD 2022-23

Delhi from 20-03-2023 to 22-03-2023 and secured the 1st position in the 10MTR AIR PISTOL MEN category with the score of 376/400.

State Championships

Kabir Sharma of 2nd-year History Hons took part in the 37TH DELHI STATE SHOOTING CHAMPIONSHIP organised by Delhi State Rifle Association(DSRA) at Dr Karni Singh Shooting Range, New Delhi held from 19-07-2022 to 27-07-2022 and secured 1^{nst} position in Clay Pigeon Trap Junior men event with the score of 95/125.



Delhi University Team – SOFT BALL (Women)

SOFT BALL (WOMEN)

Talent and hard work always paves the way for success. This is epitomized by the efforts of our young junior members. The Department of Physical Education and Sports Sciences and the College have always believed in supporting students who want to explore new horizons with their grit and determination.

Eventhough the college does not have Softball as a competitive sport, Yashasvi Chaudhary has tried to explore and invent her



talent. Admitted as a Sports Merit Admission in Basketball she has played Softball for the University.

Yashasvi Chaudhary of IIIrd Year B. A (Hons) Economics was selected to represent University of Delhi in the **All-India Inter University Women Softball Tournament 2022** from 10.03.2022 to 14.03 2022 at

Deenbandhu Chhotu Ram University of Science and Technology, Murthal, Haryana. The Team won the Bronze Medal.

Yashasvi Chaudhary of IIIrd Year B. A (Hons) Economics was selected to represent University of Delhi in the **All-India Inter University Women Softball Tournament 2023** from 17th March 2023 to 21st March 2023 at the Panjab University, Chandigarh. The Team won the Bronze Medal.



Shafaat Ali Asghar - SOFT TENNIS

SOFT TENNIS (MEN)

Shafaat is another young man who is immensely talented and believes in trying to play multiple sports. There is almost no day in college when the college Tennis courts do not echo with sound of Shafaat's volleys and serves. He has been regular in practice and has been on a keen Soft Tennis player apart from playing regular tennis on the AITA Circuit.

The Department of Physical Education and Sports Sciences hopes to witness Shafaat blossom into a fine young sportsman who can take his talent to greater heights in sports and academics.

Shafaat Ali Asghar of 1st -year History Hons took part in **19th SENIOR NATIONAL SOFT TENNIS TOURNAMENT** organised by the Amateur Soft Tennis Federation of India at Bhuvneshwar, Orissa from 19/03/2023-23/03/2023.

Shafaat reached per quarter finals in mix doubles event

Shafaat was eliminated in the quarter finals in individual competition

Shafaat had to exit the tournament in the quarter finals in doubles category.



St. Stephen's College Team – SQUASH (Men)

SQUASH (MEN)

The following students represented St Stephen's College in different competitions in the academic year 2022-23:

PRITHVI SINGH	III	B.SC PHYSICS (H)	Captain
TEJAS CHAWLA	III	B.A PROGRAM	Secretary
DIDAR JOSHUA JOSEPH REBELLO	III	B.A HISTORY (H)	
KABIR MARIO DOMINIC REBELLO	II	B.A. ECONOMICS (H)	
LAKSHYA GWALA	I	B.A PROGRAM	
ISHAAN JAIN	I	B.A. ECONOMICS (H)	

All India Inter Varsity Squash Tournament

The Squash Team of St. Stephen's college participated in the selection trials for the Delhi-University team, all students qualified for the team and the St. Stephen's team alone formed the Delhi-University team which took part in the All India Inter University Squash Championship held at Somaiya Vidyavihar, Mumbai from 14th - 17th February 2023.

Having won the All India Championships in the last year in Haridwar, Delhi University (defending champions) qualified directly for the Quarter finals

Quarter Finals:

Delhi University lost to Somaiya Vidyavihar

3-0

Match Details

Match1:

Rahul Baitha bt Kabir MD Rebello

3-0

Match 2

Suraj Chand bt Prithvi Singh

3-1

Match 3

Avinash Sahani bt Didar JJ Rebello

3-1

National Games

Prithvi Singh of 3rd Year BSc. Physics (Hons) took part in the National Games 2022 organized by the Indian Olympic Association at Gandhinagar, Gujarat from 29 September to 12 October 2022. Prithvi was Captain of team Chandigarh Team and participated in both the individual and team event.

Didar Rebello of 3rd Year BA History (Hons) took part in the National Games 2022 organized by the Indian Olympic Association at Gandhinagar, Gujarat from 29 September to 12 October 2022. He was a part of team Haryana.

Ishaan Jain of 1st Year BA Economics (Hons) took part in the National Games 2022 organized by the Indian Olympic Association at Gandhinagar, Gujarat from 29 September to 12 October 2022. He was the Captain of team Assam.

Lakshya Gwala 1st year BA program took part in the National Games 2022 organised by the Indian Olympic association at Gandhinagar, Gujarat from 29 September to 12 October 2022. He represented team Rajasthan.

Position secured- 9/16

National level Tournaments

Prithvi Singh of 3rd year BSc. Physics Hons. took part in the Northern India Squash Championship 2022 organized by the Squash Rackets Federation of India at Delhi from the 12th December to 16th December 2022 and secured the **1st position in the Men's Individual event.**

Prithvi Singh of 3rd year BSc. Physics Hons. took part in the Hamdard squashters Championship, Delhi held from 15th- 19th February 2023 and reached the pre-quarter finals.

Prithvi Singh of 3rd year BSc. Physics Hons. took part in the 3rd all India Brahmaputra Open championship in Guwahati from 7th- 9th April 2023 and reached the quarter finals.

Prithvi Singh of 3rd year BSc. Physics Hons. took part in the CSA open squash tournament, Chandigarh held from 27th-31st October 2022 and reached the semi finals.

Junior National Achievements

Ishaan Jain of 1st Year BA Economics (Hons) took part in the Jr. National Squash Championship 2022 organized by the Squash Rackets Federation of India from 15th October to 21st October 2022 and secured the 25/40 position in the Boys U19 category.

Lakshya Gwala 1st BA program took part in the sub junior / junior nationals championship organised by the Squash Rackets federation of India at Mumbai from 15th October to 21st October and secured 15th position in under 19 Category.

Regional/Federation Cup National

Ishaan Jain of 1st Year BA Economics (Hons) took part in the North East Squash Championship 2022 organized by the Assam Squash Rackets Association at Guwahati, Assam from the 17th December to 18th December 2022 and secured the 1st position in Men's Individual event and 1st position in the Men's Team event.

Ishaan Jain of 1st Year BA Economics (Hons) took part in the Northern India Squash Championship 2022 organized by the Squash Rackets Federation of India at Delhi from the 12th December to 16th December 2022 and secured the 17/32 position in the Men's Individual event.

SRFI National Tier Squash Tournaments

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - ARA Ahmedabad Gujarat open held at Gujrat from 27th April to 1st March

Secured 3rd position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - NSCI open held at Mumbai from 18th to 22th May 2022

Secured 7th position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI)- CSK ISquash Open held in Puna from 29th June to 3rd July

Secured 4th position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - Khelshala junior open held at Chandigarh from 12th to 15th August

Secured 9th position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI)- HCL southern slam Held at Chennai from 20th to 23th August

Secured 9th position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) Squash Open in Mumbai from 15th to 21st October

Secured 15th position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - 8th Bengal eastern slam held at Kolkata from 12th to 15th November

Secured 3rd position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - Northern India slam held at Delhi from 12th to 16 December

Secured 3rd position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - Hamdard squashters open held at Delhi

From 15th to 19th February

Secured 9th position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - HCL India Junior open held at Delhi from 30th February to 3rd March

Secured 6th position

Lakshya Gwala 1st BA program took part in the National Federation Tournaments organised by Squash Raquet Federation of India (SRFI) - Squash extreme open held at Delhi

From 2nd April to 5th April

Secured 3rd position

State and Local Competitions/Events

Ishaan Jain of 1st Year BA Economics (Hons) took part in the All Assam State Squash Championship 2022 organized by the Assam Squash Rackets Association at Guwahati, Assam from the 19th of December to 20th of December 2022 and secured the 1st position in Men's Individual event.

GAMES RECORD 2022-23

Ishaan Jain of 1st Year BA Economics (Hons) took part in the Inter District Squash Championship 2022 organized by the Assam Squash Rackets Association at Guwahati, Assam from the 25th June to 26th June 2022 and secured the 1st position in Men's Individual event.

Ishaan Jain of 1st Year BA Economics (Hons) took part in the Assam Youth Olympic Games organized by the Assam Olympic Association at Guwahati, Assam from the 22nd to 27th July 2022 and secured the Silver Medal in the Men's Individual event.

Lakshya Gwala 1st BA program took part in Rajasthan state closed championship organised by Rajasthan squash Raquet association (RSRA)

Held at Jaipur from 1st to 5th September

Secured 1st position

Lakshya Gwala 1st BA program took part in the Jodhpur junior open held at jodhpur from 20th to 23rd November

Secured 1st position

Lakshya Gwala 1st BA program took part in the Rajasthan squash classic open held at Jaipur from 1st August to 5th August

Secured 1st position

Lakshya Gwala 1st BA program took part in the Jodhpur junior open held at jodhpur from 20th to 23rd November

Secured 1st position

TABLE TENNIS (WOMEN)

DIVIJA MOTWANI	II	B.A HISTORY (H)
KAVYA DIWAKAR	I	B.A. ECONOMICS (H)

Sr National Championships

Divija Motwani of 2nd year History Hons. took part in the UTT 84th Senior National and Inter-State Table Tennis Championships-2022 organized by UTT at Jammu from 23rd to 27th March.

Junior National Achievements

Divija Motwani of 2nd year History Hons. took part in the UTT 84th Inter-State Youth and Junior National Table Tennis Championships-2022 organized by UTT at Periamet, Chennai from 8th to 16th February.

State and Local Competitions/Events

Divija Motwani of 2nd year History Hons. took part in the Bosco Delhi State Ranking Table Tennis Tournament-2022 organized by DTTA (South West & New Delhi) at Bosco Public School, Sunder Vihar, Paschim Vihar, New Delhi from 9th to 13th April, 2022.

Divija Motwani of 2nd year History Hons. took part in the Mount Carmel Delhi State Ranking Table Tennis Tournament-2022 organized by DTTA (New Delhi) at Mount Carmel School, Sector-22, Phase-1, Dwarka, New Delhi 110077 from 27th to 31th July, 2022.

Divija Motwani of 2nd year History Hons. took part in the LPS Bossard 3rd Delhi State Ranking Table Tennis Tournament-2022 organized by DTTA (North) and Stag Table Tennis Academy at Table Tennis Foundation TT Hall, Sant Sujan Singh Ji International School, Swaroop Nagar, Delhi-110042 from 13th to 17th August, 2022.

Divija Motwani of 2nd year History Hons. took part in the North East District Table Tennis Championship-2022 organized by DTTA (North



St. Stephen's College Team – TABLE TENNIS (Women)

GAMES RECORD 2022-23

East) at Sarvodaya Vidyalaya, FU Block, Pitampura, New Delhi-110034 from 29th to 30th October, 2022, and secured First Position in the U-19 Girls category.

Divija Motwani of 2nd year History Hons. took part in the North East District Table Tennis Championship-2022 organized by DTTA (North East) at Sarvodaya Vidyalaya, FU Block, Pitampura, New Delhi-110034 from 29th to 30th October, 2022, and secured First Position in the Women's category.

Divija Motwani of 2nd year History Hons. took part in the Stag Delhi State and Inter-District Table Tennis Championship-22 organized by Stag Table Tennis Academy at Table Tennis Foundation TT Hall, Sant Sujan Singh Ji International School, Swaroop Nagar, Delhi-110042 from 3rd to 7th January, 2023.

Inter College Events organized by Colleges of Delhi University

Kavya Diwakar of First year B.A. Economics Honors took part in the matches at SRCC Table Tennis Arena where she reached the Second Round of the event.



St. Stephen's College Team – TABLE TENNIS (Men)

TABLE TENNIS (MEN)

The following students represented St. Stephen's College in competitions during the academic year 2022-23:

ARUSH DUTT	III	B.A PHILOSOPHY (H)	Captain
HRISHIKESH MALHOTRA	II	B.A. ECONOMICS (H)	Secretary
DHRUV VATS	I	B.A. ECONOMICS (H)	
SAKSHAM VERMA	I	B.A PROGRAM	

Given below are the details of their achievements

International achievements

Arush Dutt of 3rd year B.A. (Hons) Philosophy took part in the **WTT Star Contender Series** Goa, organised by WTT (World table tennis) and ITTF (International Table tennis Federation) at Dr. Shyama Lal Prasad Indoor Stadium, Panjim, Goa from 17-02-2023 to 05-03-2023 and played the qualification stage.

Senior National championship

Arush Dutt of 3rd year B.A. (Hons) Philosophy took part in the **83rd Senior National and Inter State Table Tennis championship 2022** organised by Table Tennis Federation of India (TTFI) at Shillong, Meghalaya from 18-04-2022 to 25-04-2022 and played the round of 64.

All India InterUniversity Championships

Arush Dutt of 3rd year B.A. (Hons) Philosophy took part in the **All-India Inter University Men's Table Tennis Championship** organised under the aegis of the Association of Indian Universities (AIU) by the Chitkara University from 09/01/2023 to 11/01/2023 and were eliminated in the Pre-Quarter final round.

Dhruv Vats of 1st year B. A. (Economics) Hons took part in the **All India Inter-University Men Table Tennis Championship** organized

GAMES RECORD 2022-23

organised under the aegis of the Association of Indian Universities (AIU) by the Chitkara University from 09/01/2023 to 11/01/2023 and were eliminated in the Pre-Quarter final round.

National Tournaments

Arush Dutt of 3rd year B.A. (Hons) Philosophy participated in the **Utt National Ranking Table Tennis Championship 2022** organised by Table Tennis Federation of India (TTFI) at Sama Indoor Stadium, Vadodara, Gujarat from 15-01-2023 to 20-01-2023.

Arush Dutt of 3rd year B.A. (Hons) Philosophy participated in the **Utt National Ranking Table tennis championship 2022** organised by Table Tennis Federation of India (TTFI) at PDDU Indoor Stadium in Surat, Gujarat from 23-01-2023 to 28-01-2023

North Zone InterUniversity Championships

Arush Dutt of 3rd year B.A. (Hons) Philosophy took part in the **Inter University North Zone Table Tennis Championship** organised under the aegis of the Association of Indian Universities (AIU) by the Delhi University at the University Sports Stadium from 02/01/2023 to 04/01/2023 and secured the 3rd position.

Dhruv Vats of 1st year B. A. (Economics) Hons took part in the **Inter-University North Zone Table Tennis Championship** took part in the **Inter University North Zone Table Tennis Championship** organised under the aegis of the Association of Indian Universities (AIU) by the Delhi University at the University Sports Stadium from 02/01/2023 to 04/01/2023 and secured the 3rd position.

State Tournaments and Events

Arush Dutt of 3rd year B.A. (Hons) Philosophy took part in the **3rd Delhi State Ranking Table Tennis Tournament 2022** organised by Delhi State Table Tennis Association (DSTTA) at Table Tennis Foundation hall, Sant Sujan Singh ji International School from 13-08-2022 to 17-08-2022 and secured the 3rd position in the Mens singles event

Invitational Tournaments organized by Colleges of Delhi University:

Hrishikesh Malhotra of Economic (H) 2nd Year and Dhruv Tokas of Economic (H) 1st Year took part in the **DR BHARAT RAM ANNUAL SPORTS MEET organized by Lady Shri Ram College for Women**, New Delhi in March 2023. The duo won the **Gold Medal** in Men's Doubles event

Hrishikesh Malhotra of Economic (H) 2nd Year took part in the **DR BHARAT RAM ANNUAL SPORTS MEET organized by Lady Shri Ram College for Women**, New Delhi in March 2023 and won the **Silver Medal** in Men's Singles competition

Dhruv Vats of 1st year B. A. (Economics) Hons took part in the **Sports Festival organized by Jesus and Mary College** from 18/04/2023 to 20/04/2023 and secured the 1st position.

Dhruv Vats of 1st year B. A. (Economics) Hons took part in the **Sports Festival organized by Lady Shri Ram College** from 20/03/2023 to 22/04/2023 and secured the 3rd position.

GAMES RECORD 2022-23

ST STEPHEN'S COLLEGE

STUDENT'S RECEIVING GROUND COLOUR 2022 - 2023

S.NO	NAME	YEAR	COURSE	SPORT
1	SAVIO SIBI	II	BSC CHEMISTRY HONS	BADMINTON
2	HASIL TEWARI	II	B.A. ECONOMICS (H)	BADMINTON
3	SHIWESH PANDEY	I	B.A HISTORY (H)	BADMINTON
4	ANUSHKA MEHTA	III	B.A PROGRAM	BADMINTON
5	PRIYA	I	B.A. HISTORY (H)	BADMINTON
6	DURVA GUPTA	II	B.A ENGLISH (H)	BADMINTON
7	PARAMDEEP SHOKEEN	III	B.A. ECONOMICS (H)	BASKETBALL
8	KUNWAR SANJEEV	III	B.A PROGRAM	BASKETBALL
9	SAHIL MARK JACOB	III	BA PROGRAMME	BASKETBALL
10	DIDAR REBELLO	III	BA HISTORY HONS	BASKETBALL
11	AVI CHARLES	I	B.A. ECONOMICS (H)	BASKETBALL
12	ALLAN ANTHONY	II	B.SC PROG	BASKETBALL
13	MAAN JEENWAL	II	B.A PROGRAM	BASKETBALL
14	AJIT SINGH SHAKTAWAT	II	B.A PROGRAM	BASKETBALL
15	HIMANSHU	I	B.SC PHYSICS (H)	BASKETBALL
16	VARDAAN SHARMA	I	B.A SANSKRIT (H)	BASKETBALL
17	RACHIT BAZAD	I	B.A ENGLISH (H)	BASKETBALL
18	VANSHITA SINGH	III	B.SC (PROG) CHEMISTRY	BASKETBALL
19	SUHANI SINGH	III	B.A. ECONOMICS (H)	BASKETBALL
20	TASHA AHMED	III	B.A HISTORY (H)	BASKETBALL
21	JASLEEN VOHRA	III	B.A ENGLISH (H)	BASKETBALL
22	KRITIKA DHINGRA	II	B.A. ECONOMICS (H)	BASKETBALL
23	YASHASVI CHAUDHARY	III	B.A. ECONOMICS (H)	BASKETBALL
24	MUSKAN LATHER	III	B.SC PHYSICS (H)	BASKETBALL
25	PRAKRITI RANJAN	I	B.A ENGLISH (H)	BASKETBALL
32	SOUMODEEP HOODATY	III	B.SC MATHEMATICS (H)	CHESS

GAMES RECORD 2022-23

S.NO	NAME	YEAR	COURSE	SPORT
36	SATVIK SHARMA	II	B.SC MATHEMATICS (H)	CHESS
26	STENY SAJAN	II	B.SC CHEMISTRY (H)	CHESS
27	SONA SABU	III	B.SC PHYSICS (H)	CHESS
28	TAMANNA VASHIST	II	B.SC CHEMISTRY (H)	CHESS
29	RUTH ROSY DAVID	I	B.A HISTORY (H)	CHESS
30	ANN TERESE ROY	I	B.A. ECONOMICS (H)	CHESS
31	AKSHITA BATRA	I	B.SC CHEMISTRY (H)	CHESS
33	ADITYA KUMAWAT	I	B.SC MATHEMATICS (H)	CHESS
34	PREMKRISHNA N	III	B.SC (PROG) CHEMISTRY	CHESS
35	MANAV JAISON	II	B.SC CHEMISTRY (H)	CHESS
37	DANIEL RINNINGA BAWITLUNG	I	B.A. ECONOMICS (H)	CHESS
38	DAVID VL MUANPUIA HLAWNDO	II	B.SC PHYSICS (H)	CHESS
40	PANKAJ	III	B.A PROGRAM	CRICKET
44	ANKIT	II	B.A PROGRAM	CRICKET
39	HITESHWAR SHARMA	II	B.A HISTORY (H)	CRICKET
41	SAKSHAM RAI	III	B.SC CHEMISTRY (H)	CRICKET
42	ANMOL DANIEL CAMPBELL	II	B.SC MATHEMATICS (H)	CRICKET
43	AARYA DIWAN	III	B.SC PHYSICS (H)	CRICKET
45	YASH ARYA	I	B.A HISTORY (H)	CRICKET
46	TANUJ PHILLIP	II	B.A PROGRAM	CRICKET
47	AJIT MEENA	I	B.A HISTORY (H)	CRICKET
48	PARAS JYANI	II	B.A PROGRAM	CRICKET
49	ANKIT BISHT	I	B.A ENGLISH (H)	CRICKET
50	TARUN GEORGE	III	B.A. ECONOMICS (H)	CRICKET
51	HIMALAYA CHOUDHARY	I	B.SC PHYSICS (H)	CRICKET
52	SHIVARPIT	I	B.A PROGRAM	CRICKET
53	PRAGYANSH ALAG	III	B.SC CHEMISTRY (H)	CRICKET
54	VIPIN	II	B.A PROGRAM	CRICKET
55	ISHAAN KHAN	II	B.A PROGRAM	CRICKET
56	DION TREVOR MARWEIN	III	B.SC MATHEMATICS (H)	FOOTBALL

GAMES RECORD 2022-23

S.NO	NAME	YEAR	COURSE	SPORT
57	VIPUL KUMAR RANA	III	B.A HISTORY (H)	FOOTBALL
58	RINZUALA RALTE	III	B.SC MATHEMATICS (H)	FOOTBALL
59	PAOGOULAL SINGSIT	III	B.A HISTORY (H)	FOOTBALL
60	VINOLEN JOHN	III	B.A PROGRAM	FOOTBALL
61	JAI JAIRATH VARMA	II	BSC (P) COMPUTER SCIENCE	FOOTBALL
62	DHAJEN BASUMATARY	II	B.A PROGRAM	FOOTBALL
63	LEMUEL MEKOR KHARKONGOR	II	B.A. ECONOMICS (H)	FOOTBALL
64	NITESH DUNG DUNG	II	CHEMISTRY (H)	FOOTBALL
65	ABHAY SINGH	II	B.A HISTORY (H)	FOOTBALL
66	C.VANLALMALSAWMSANGA	II	PHYSICS (H)	FOOTBALL
67	AADI CHAUHAN	I	B.A ENGLISH (H)	FOOTBALL
68	GAVIN MAIYAPAM AS	I	B.A PROGRAM	FOOTBALL
69	PAUMUANTHANG	I	B.A PROGRAM	FOOTBALL
70	SASANG LOTZEM	I	B.A PROGRAM	FOOTBALL
71	HAOGUNLEN LHOUVUM	I	B.A PROGRAM	FOOTBALL
72	JERIN F JAISON	I	B.SC MATHEMATICS (H)	FOOTBALL
73	DHRUV VATS	I	B.A. ECONOMICS (H)	FOOTBALL
74	NIGEL ALMEIDA	I	B.A. ECONOMICS (H)	FOOTBALL
75	SANDEEPTI SINGH RAO	II	B.A PROGRAM	LAWN TENNIS
76	SAMPADA NARULA	I	B.A. ECONOMICS (H)	LAWN TENNIS
77	ROHAN MEHRA	III	B.A PROGRAM	LAWN TENNIS
78	SHAFAT ALI ASGHAR	I	B.A HISTORY (H)	LAWN TENNIS
79	KABIR SHARMA	II	B.A HISTORY (H)	SHOOTING
80	AGNEYA KAUSHIK	I	B.A HISTORY (H)	SHOOTING
81	SHIVANSH BAJORIA	I	B.A. ECONOMICS (H)	SHOOTING
82	PAYAL	II	B.A ENGLISH (H)	SHOOTING
83	DEVANSHI GAHLOT	I	B.A. ECONOMICS (H)	SHOOTING
84	JAANVI BHARTIYA	I	B.A. ECONOMICS (H)	SHOOTING
85	PRITHVI SINGH	III	B.SC PHYSICS (H)	SQUASH
87	TEJAS CHAWLA	III	B.A PROGRAM	SQUASH

GAMES RECORD 2022-23

S.NO	NAME	YEAR	COURSE	SPORT
86	DIDAR JOSHUA JOSEPH REBELLO	III	B.A HISTORY (H)	SQUASH
88	KABIR MARIO DOMINIC REBELLO	II	B.A. ECONOMICS (H)	SQUASH
89	LAKSHYA GWALA	I	B.A PROGRAM	SQUASH
90	ISHAAN JAIN	I	B.A. ECONOMICS (H)	SQUASH
91	SYEDA ANTARA ZAIMA	III	B.A HISTORY (H)	SWIMMING
92	VANSHIKA SHARMA	II	B.A HISTORY (H)	SWIMMING
93	ANURAG R SINGH	II	B.A PROGRAM	SWIMMING
94	BHARGAV PHUKAN	I	B.SC MATHEMATICS (H)	SWIMMING
95	RAKSHIT CHITKARA	I	B.A ENGLISH (H)	SWIMMING
96	KAVYA DIWAKAR	I	B.A. ECONOMICS (H)	TABLE TENNIS
97	DIVIJA MOTWANI	II	B.A HISTORY (H)	TABLE TENNIS
98	ARUSH DUTT	III	B.A PHILOSOPHY (H)	TABLE TENNIS
99	HRISHIKESH MALHOTRA	II	B.A. ECONOMICS (H)	TABLE TENNIS
100	DHRUV VATS	I	B.A. ECONOMICS (H)	TABLE TENNIS
101	SAKSHAM VERMA	I	B.A PROGRAM	TABLE TENNIS
102	KAAVYA TALWAR	III	B.A PROGRAM	FOOTBALL (W)
103	SANA AFZAL MIR	III	B.A PROGRAM	FOOTBALL (W)
104	NEINOMCHING HAOKIP	III	B.A PROGRAM	FOOTBALL (W)
105	ALICE DUNG DUNG	III	B.A PROGRAM	FOOTBALL (W)
106	ANISHA JISON	III	B.A PROGRAM	FOOTBALL (W)
107	ANUBHA RACHEL RISHI	III	B.A PROGRAM	FOOTBALL (W)
108	AKRITI LAL	III	B.A PROGRAM	FOOTBALL (W)
109	ANANYA	I	B.A ENGLISH (H)	FOOTBALL (W)

ST STEPHEN'S COLLEGE
STUDENT'S RECEIVING COLLEGE COLOUR
2022 – 2023

S.N O	NAME	YEA R	COURSE	SPORT
1	PARAMDEEP SHOKEEN	III	B.A. ECONOMICS (H)	BASKETBALL
2	KUNWAR SANJEEV	III	B.A PROGRAM	BASKETBALL
3	VANSHITA SINGH	III	B.SC (PROG) CHEMISTRY	BASKETBALL
4	YASHASVI CHAUDHARY	III	B.A. ECONOMICS (H)	BASKETBALL & SOFTBALL
5	SUHANI SINGH	III	B.A. ECONOMICS (H)	BASKETBALL
6	TASHA AHMED	III	B.A HISTORY (H)	BASKETBALL
7	JASLEEN VOHRA	III	B.A ENGLISH (H)	BASKETBALL
8	MUSKAN LATHER	III	B.SC PHYSICS (H)	BASKETBALL
9	SOUMODEEP HOODATY	III	B.SC MATHEMATICS (H)	CHESS
10	PREMKRISHNA N	III	B.SC (PROG) CHEMISTRY	CHESS
11	ROHAN MEHRA	III	B.A PROGRAM	LAWN TENNIS
12	PRITHVI SINGH	III	B.SC PHYSICS (H)	SQUASH
13	TEJAS CHAWLA	III	B.A PROGRAM	SQUASH
14	DIDAR JOSHUA JOSEPH REBELLO	III	B.A HISTORY (H)	SQUASH
15	ARUSH DUTT	III	B.A PHILOSOPHY (H)	TABLE TENNIS

**ST STEPHEN'S COLLEGE
BEST SPORTSMAN AND SPORTSWOMAN AWARD
2022 – 2023**

S.NO	NAME	YEAR	COURSE	SPORT
1	PAYAL	II	B.A ENGLISH (H)	SHOOTING
2	ROHAN MEHRA	III	B.A PROGRAM	LAWN TENNIS

**EVENTS AND ACTIVITIES
ORGANIZED BY THE
DEPARTMENT OF
PHYSICAL EDUCATION &
SPORTS SCIENCES
2022 - 2023**

REGULAR TEACHING - ACADEMIC CLASSES

The Department of Physical Education imparts regular academic classes in both Theory and Practical under the University of Delhi Curriculum and syllabus every Academic year since 2007.

Mr. S.K. Chakravorty, Associate Professor (Head of the Department of Physical Education & Sports Sciences) and Mr. Sujay John K, Assistant Professor share the academic workload equally and have been involved in publishing academic books, research papers, attending conferences and workshops for the last couple of decades.

In the Academic Year 2022-23, St Stephen's College, through the Department of Physical Education teaches the following subjects:

Sl No.	Paper Name (As per the University syllabus)	Unique Paper Code (From the University)	Course	Semester July -	Paper code	Name of the teachers teaching the paper	No. of Periods per Week	
							Lectures	Practicals
1	Fitness and Wellness		Ist Yr All (Hons) Courses	I	GE	SK CHAKRAVORTY / SUJAY JOHN K	3	2
2	Sustainable Ecotourism & Entrepreneurship		Ist Yr All (Hons) Courses	I	SEC	SK CHAKRAVORTY / SUJAY JOHN K	—	4
3	Fit India (VAC I)		Ist Yr All (Hons) Courses	I	VAC I	SK Chakravorty and Sujay John K	—	4
	Sports for Life - 1 (VAC II)		Ist Yr All (Hons) Courses	I	VAC II	SK Chakravorty and Sujay John K	—	4
4	FITNESS & EXERCISE MANAGEMENT		All Hons Courses	IV	GE	SK Chakravorty and Sujay John K	4	4
5	GYM OPERATIONS		BA (Prog)	VI	GE	SK CHAKRAVORTY / SUJAY JOHN K	4	4
6	SPORTS MARKETING AND MANAGEMENT		BA (Prog)	IV	SEC	SK CHAKRAVORTY / SUJAY JOHN K	4	---
7	SPORTS FOR ALL		BA (Prog)	VI	SEC	SK CHAKRAVORTY / SUJAY JOHN K	4	---

Sl. No.	Paper Name (As per the University syllabus)	Unique Paper Code (From the University)	Course	Semester	Paper code	Name of the teachers teaching the paper	No. of Periods per Week	
							Lectures	Practicals
1	STRESS MANAGEMENT		Ist Yr All Hons Course	II	GE	SK CHAKRAVORTY / SUJAY JOHN K	4	2
2	HEALTHY AND SUSTAINABLE FOOD CHOICES		Ist Yr All Courses	II	SEC	SK CHAKRAVORTY / SUJAY JOHN K	---	4
3	FIT INDIA (VAC I)	6967001009	Ist Yr All Courses	II	VAC I	SK Chakravorty and Sujay John K	---	4
4	SPORTS FOR LIFE - 1 (VAC II)	6967001017	Ist Yr All Courses	II	VAC II	SK Chakravorty and Sujay John K	---	4
5	FITNESS AND EXERCISE MANAGEMENT	12555423	IInd Yr All Hons Course	IV	GE	SK Chakravorty and Sujay John K	4	4
6	SPORTS MARKETING AND MANAGEMENT	62555503	BA (Prog)	IV	SEC	SK CHAKRAVORTY / SUJAY JOHN K	4	N.A
7	GYM OPERATIONS	62555631	BA (Prog)	VI	GE	SK CHAKRAVORTY / SUJAY JOHN K	4	4
8	SPORTS FOR ALL	62555501	BA (Prog)	VI	SEC	SK CHAKRAVORTY / SUJAY JOHN K	4	N.A

Sujay John K

Achievements in Academic Year 2022-23

Nominated as **Member, Advisory Board National Council of Sports Sciences and Physical Education (NCSCPE)** for a period of Four Years (2020-2024)

Mr. Sujay John was appointed as Observer/Nominee of the Delhi University Sports Council for the undergraduate Sports Merit Admission Football Team (Men) organized by Delhi

University Sports Council (2022-23).

Mr. Sujay John was appointed as Member of the Delhi University Academic Syllabus Committee for Physical Education (Under Graduate Courses) for General Electives by Department of Physical Education nad Sports Sciences Delhi University (2022-23).

Mr. Sujay John was appointed as Member of the Delhi University Academic Syllabus Committee for Physical Education (Under Graduate Courses) for Skill Enhancement by Department of Physical Education nad Sports Sciences Delhi University (2022-23).

INTEGRATION THROUGH PHYSICAL EDUCATION CURRICULUM

The Department of Physical Education and Sports Sciences of the College has been organizing sports activities for improving the health and wellness of the students, apart from competitive games for the benefit of the Junior Members of the college as Intra Murals while also Organizing Inter College Invitational Competitions for the College teams as per the traditions of St Stephen's College.

This year the Department of Physical Education conducted the following events:

S.No	Event / Activity	Time Period	Students involved	College Team / Remarks
2	Yoga Camp	August - September 2023	Mr S K Chakravorty organized and Taught Resident Students Yoga during the Early Morning Session (Monday, Wednesday, Friday) -Venue: SCR Lawn of College	TEAM - NOT APPLICABLE
3	Fitness and Wellness Camp for Visually Impaired Students	August – October 2023	Mr S K Chakravorty organized Fitness and Wellness Camp for Visually Impaired Students -Venue: College Gymnasium	TEAM - NOT APPLICABLE

GAMES RECORD 2022-23

S.No	Event / Activity	Time Period	Students involved	College Team / Remarks
4	Basketball Training cum Selection Camp	July 2022– March 2023	<p>Dept of Physical Education organized Basketball Camp for General Students to train with the College</p> <p style="text-align: center;">Team</p> <p>-Venue: College Basketball Court</p> <p>-The services of Mr Gulati, College Basketball Coach was utilized for this camp</p> <p>-Leadership Skills Development opportunities for Captains Robin Sharma and Vidhi Kundu to assist Mr S K Chakravorty in organizing these camps</p> <p>-Refreshments Provided to all Trainees</p>	<p>Composition : Sports Admission: 15 General Students: 10 Total Members : 22</p>
5	Football Training cum General Talent Identification Camp	July 2022– March 2023	<p>Dept of Physical Education organized a Football Training cum Coaching Sessions for Junior Members to train</p>	<p>College Team Composition: Sports Admission: 04 General Students: 25</p>

GAMES RECORD 2022-23

S.No	Event / Activity	Time Period	Students involved	College Team / Remarks
			with the College Team -Venue: College Grounds -Mr Sujay John coached and trained students in this camp -Leadership Skills Development opportunities for Captain Dion Trevor and Vipul Rana to assist and organize these training sessions. Refreshments Provided Free to all Trainees	Total Members : 29
6	Chess Camp	Aug 2022 to Feb 2023	Dept of Physical Education organized Chess Camp for General Students of the college -Venue: Dept. of Phy Edn. Complex -Leadership Skills Development opportunities for were used for Somyadeep and	College Team Composition: Sports Admission: NIL General Students: 12 Total Members : 05

GAMES RECORD 2022-23

S.No	Event / Activity	Time Period	Students involved	College Team / Remarks
			Satvik to Organizing these camps Refreshments Provided Free to all Trainees	
7	Cricket Coaching cum Selection Camp	August 2022 – March 2023	<p>Dept of Physical Education organized Cricket Camp for General Students of the college</p> <p>-Venue: College Grounds, Mori Gate</p> <p>-Services of Mr Naveen Dahiya were used to Coach the college team</p> <p>-Leadership Skills Development opportunities for Pankaj and Ankit to assist the Dept of Phy.</p> <p>Edn in Organizing this camp Refreshments Provided Free to all Trainees</p> <p>Cab Facility was provided to the interested students</p>	<p>College Team Composition: Sports Admission: 04 General Students: 16 Total Members : 20</p>

GAMES RECORD 2022-23

S.No	Event / Activity	Time Period	Students involved	College Team / Remarks
8	Shooting Training cum Selection Camp	2023	Dept of Physical Education organized a Talent Search Shooting Camp for Students to train with the College Team -Leadership Skills Development opportunities for Samarjeet Singh and Riya Singh to assist the Dept of Phy. Edn in Organizing this camp Refreshments Provided Free to all Trainees	College Team Composition: Sports Admission: 14 General Students: 03 Total Members : 17



ST. STEPHEN'S COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION



THE K M MATHEW MEMORIAL SPORTS DEBATE 2023

Date: 31st March 2023

Timing 2pm to 5pm

Topic: Sport's growing dependence on technology is a boon

SPORTS BASH 2022-23

TABLE TENNIS AND BADMINTON College Gym 21 st March 2-5pm		VOLLEYBALL AND BASKETBALL JCR Lawns and BB Courts 22 nd March 2-5pm	
St. Stephen's College SPORTS BASH 2023 Courage . Team Work . Respect			
Contact: Dept of Physical Education		Principal's Team Vs Student's Team	
 Football Ground CRICKET 28 th March 2-5pm	 Sports Complex CHESS 28 th March 2-5pm	 Football Ground 29 th March 7am Cross Country Race	 Football Ground 31 st March 2pm to 6pm Fun Races & Athletic Meet

SPORTS BASH

The Department of Physical Education organized the Sports Bash 2023 in April 2023, in the College Campus.

The idea of conceiving the Sports Bash as an event was to organize sports events which helps create an inclusive environment for students to explore sports and games and facilitate an active lifestyle.

The Events aim integrate Members from the Student community to interact with the Teaching fraternity beyond classrooms and get to meet Non-Teaching Community and the families in college.

The Department wishes to thank the efforts of the student Volunteers for helping plan, organize the conduct of the games.

- Dushyant Patariya 3rd Year B A Programme
- Kunwar Sanjeev 3rd Year B A Programme
- Sahil M Jacob 3rd Year B A Programme
- Sujai Karketta 1st Year B.Sc Prog Computer Sciences
- Ankit 2nd Year B A Programme
- Ishaan Khan 2nd Year B A Programme
- Tanuj Phillip 2nd Year B A Programme
- Hasil Tiwari 2nd Year B A (H) Economics
- Antra Zaima 3rd Year English (H)
- Durva 2nd Year English (H)

**SPORTS BASH 2022-23
MARCH – APRIL 2023
BASKETBALL MATCH**

The Annual Sports Bash organized by the Department of Physical Education has a special place for the Basketball Match, where the Students Team locked horns against the Principal's Team.

The results of the game are as given below:

Result: Principal's Team points – Points Student Team

Pragyansh Alag	Basketball Students XI
Ashlin Shaice	III B.Sc (H) Chemistry
Jovel Jino Joseph	I B.Sc Programme
Siya Pant	II B.Sc (H) Mathematics
Avi Charles	II B.A (H) Economics
Jerin F Jaison	I B.A (H) Economics
Swati Malhotra	I B.sc (H) Mathematics
	I B.A (H) Economics
Dr Annu Malhotra	Basketball Principal XI
Dr Rakhi Thareja	Faculty Department of Physics
Dr Akshay Rana	Faculty Department of Chemistry
Rohit Mathew	Faculty Department of Physics
Rohit Mathew	Faculty Department of Philosophy
Sujay John K	Faculty Department of Philosophy
	Faculty Department of Physical Education and Sports Sciences
Deepak James	Department of Physical Education and Sports Sciences
Mukesh	Estate Office
Khim Singh	Accounts Office
Arun Kumar	Department Computer Sciences
Kamal	Principal's Office

GAMES RECORD 2022-23



**SPORTS BASH 2022-23
MARCH – APRIL 2023
BADMINTON MATCHES**

Day Two of the Sports Bash had more excitement and the action unfolded in the College Gymnasium.

The duel between the students vying for the Best Badminton player in College.



Badminton Men's Singles

- 1st Position - Kunwar Sanjeev (III B.A. Programme)
- 2nd Position - Kabir Rebello (II B.A. (H) Economics)
- 3rd Position - Didar Rebello (III B.A. (H) History)

Badminton Women's Singles

- 1st Position - Arshia Gill (I B.A. (H) Economics)
- 2nd Position - Swati Malhotra (I B.A. (H) Economics)
- 3rd Position - Tripti Garg (I B.sc. Programme)

**SPORTS BASH 2022-23
MARCH – APRIL 2023
TABLE TENNIS MATCHES**

The Table Tennis matches were also keenly awaited by the students. The matches were cheered on by the supporters and friends of the participants who dazzled the crowds with scintillating shots and thrilling skills.

The event was held for boys Men and Women.

Table Tennis Men's singles

1st position - Ishfaq Hussain (III B.A Programme)

2nd Position - Rudraksh Dua (III B.sc. Programme)



Table Tennis Women's singles

1st Position - Anubha Rachel (III B.A. (H) Philosophy)

2nd Position - Kaavya Talwar (III B.A. Programme)

SPORTS BASH 2022-23
MARCH – APRIL 2023
FOOTBALL – INTER DEPARTMENT
TOURNAMENT

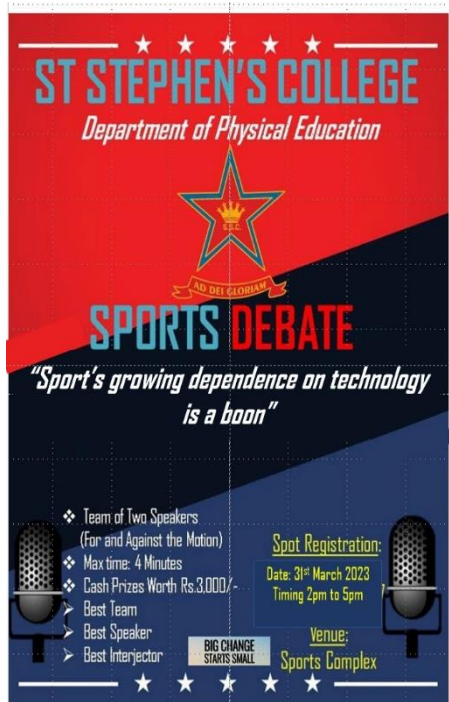
Inter department football - BA Programme Winners



SPORTS BASH 2022-23 MARCH – APRIL 2023 ANNUAL K M MATHEW MEMORIAL SPORTS DEBATE

Its time to lay down the down the bats, rackets and shoes as the Department of Physical Education offered the student an opportunity to put on their thinking caps and indulge in a battle of words in the Annual K M Mathew Memorial Sports Debate 2022-23.

While the young debaters wrestled with words we would like to thank Dr Sudipto from the Department of History and Dr Piyush Bansal from the Department of Mathematics who spared time to judge the performances.



The Report presented here is a contribution from our Student Volunteer:

THE PARLEY OF CONTRETEMPS

The power of effective arguments and the intensity of oratory to formulate public opinion stands visible in the trial of debate. The K.M. Matthew Memorial Sports Debate 2023 stands as a testimony to the appreciation of the zeal and analytical ability to come up with solutions to the contemporary issues of sports, fitness and exercise in this fast-paced world.

The Department of Physical Education conducted the K.M. Matthew Memorial Debate on the 31st of March, 2023, to witness the discussion and the power of rhetoric on the role of emerging technologies in sports. An aggregate of six teams comprising Sampada and Meera; Serah & Agneya; Kuruvilla & Manasvi; Ishaan & Aradhya; Garvit & Tripti alongside Saijal & Jannat competed to express their individual opinion and hear out dissenting arguments to reshape their convictions. All the teams articulated a discourse to debate the possibility of the growing dependence on technology in sports as a bane or a boon to arrive at a feasible solution. This debate was conducted under the auspices of Mr P.K. Bansal from the Department of Mathematics and Mr Sudipto Basu from the Department of History who left no stone unturned to guide and enlighten the participants with their introspection and judgement.

At the end of the competition, Kuruvilla Jacob bagged the Best Speaker Award, Kuruvilla as well as Manasvi obtained the Best Team Award and Meera Arora achieved the Best Interjector Award for interpolating arguments into concrete inquiries.

This event could not have been possible under the enterprising spirit of Mr Sujay John K from the Department of Physical Education and Sports Sciences. The three student volunteers: Durva, Hasil and Sharbaditya offered logistical and supplementary support to enhance the quality of the competition.

Let the power of concrete arguments ravel the curiosity of the younger minds to fruition.

Sharbaditya 2nd Year English:

The students who participated in the Debate Competition were:

1. Kuruvilla Jacob (BScP CS)
2. Manasvi Mittal (BScP CS)
3. Serah John (History)
4. Agneya Kaushik (History)
5. Meera (Economics)
6. Sampada (Economics)
7. Ishaan Shahabadi (English Hons.)
8. Aradhya Maithan (BAP)



SPORTS BASH 2022-23

MARCH – APRIL 2023

CRICKET MATCH

Another popular event of the Sports Bash was the Cricket Match where the Teaching and Non Teaching Staff of the College take on the likes of the students.

The Principal's XI continued their blistering form to upset the apple cart of the Students XI and registering a comfortable victory. The shocked students vowed to return next year with a stronger performance and blamed their loss to the lack of practice due to the COVID Pandemic. Better luck boys and Girls!!!

Swati Malhotra of 1st Year Economics was the star player for the students team smashing the bowling attack of her teachers all over the field. Her splendid knock earned her the STAR PERFORMER Award of the Match.

The Principal's XI was managed by Dr Pankaj Kumar Mishra from the Department of Sanskrit. The opening pair of the Dr Abhishek Singh from the Economics Department and the swashbuckling Rozer from the Estate Office gave the Principal XI a dream start with the Scoreboard ticking and rolling at a steady pace.

Other key players for them Mr Kishori and Khim Singh (Accounts Office), Dr Annu Malhotra (Department of Physics) , Dr Kashif Ahmed (Department of Mathematics)

Students XI

- 1) Ishfaq (III B.A Programme)
- 2) Samarth (III B.A (H) History)
- 3) Sujay kerketta (II B.Sc Programme)
- 4) Adarsh tiwari (II B.Sc Programme)
- 5) Amit (I B.Sc Programme)

GAMES RECORD 2022-23

- 6) Anush Pilodia (III B.A (H) Sanskrit)
- 7) Vishal Meena (II B.Sc Programme)
- 8) Alok (II B.Sc Programme)
- 9) Mohit(II B.Sc Programme)
- 10) Aditya (II B.Sc Programme)
- 11) Tilak Verma (MA History)
- 12) Swati Malhotra (1st BA Economics)



GAMES RECORD 2022-23



S K CHAKRAVORTTY
A Pillar of Strength and Hope

Partings are always sad and more so when the we bid farewell to a man who has been the central pillar of the Department of Physical Education and Sports Sciences at college.

Having joined the College in 1983 and offering more than 40 years of dedicated service, Chakravortty Sir has become an integral part of the St. Stephen's culture and there is no doubt Sushant Kumar Chakravortty is synonymous with sports, games and life in college.



Chakravortty Sir has played almost every role a teacher can play in college and definitely has had a silent but profound impact on many students. A gentleman teacher with a heart of gold his welcoming smile and prudent advice have always been admired and revered by one and all.

As a Colleague he was always everybody's friend in need, dependable, resourceful and kind. There would hardly be a Senior Member, Staff or non-teaching staff whose lives he has not touched.

As he completes his service in college, he leaves behind a rich and enviable legacy that serves as an inspiration. The Department and College will forever be indebted for his highly admirable service as a valued teacher, colleague and trusted friend.

"This is a new beginning an opportunity where you grow and blossom once again. You are capable so much more. I am sure you will be blessed in everything you do"